

Karate Canada Competition Development Pathway

Training Phase

Recommended prerequisites

Minimum 16 years old, CPR training and black belt

Karate Canada Competition Introduction Workshop
Or

Multi-sport Modules (MSM):
-Teaching and Learning
-Planning a Practice
-Make Ethical Decisions

MSM Design a Basic Sports Program

Coaching Association of Canada Competition Development MSM

Coaching and Leading Effectively

Managing Conflict

Manage a Sport Program

Leading Drug-free Sport

Psychology of Performance*

Developing Athletic Abilities*

Prevention and Recovery*

Performance Planning

Advanced Practice Planning

*To be completed before the Performance Planning Module

Karate Canada Competition Development Workshop

Analyze Technical & Tactical Performance

Certification Phase

Registration with Karate Canada
(Minimum 18 years old)

Submission of a portfolio

Coach Assessment

Emergency Action Plan

3 Practice Plans

Yearly Training Plan

Competition Report

Athlete/Team Progress Report

Online Evaluation:
Make Ethical Decisions

Online Evaluation:
Managing Conflict

Online Evaluation:
Leading Drug-free Sport

Online Module:
Making Head Way in Sport

Observation in training
(in person or through video)

Observation in competition
(in person or through video)

Maintenance Phase

30 PD points over 5 years

Actively Coaching

Self-directed Coaching Activity

NCCP Activity

Non-NCCP Multisport Activity

Non-NCCP Karate Activity

Competition Development Trained



Competition Development Certified



Competition Development Maintained

