

Karate Canada Competition Introduction Pathway

Training Phase

Recommended prerequisites

Minimum 16 years old, CPR training and brown belt

Karate Canada Instruction Beginner Workshop

Karate Canada Competition Introduction Workshop

Support the Competitive Experience (4 hours)

Analyzing Performance B (6 hours)

Planning a Practice B (5 hours)

Certification Phase

Registration with your Provincial Karate Organization (Minimum 18 years old)

Submission of a portfolio

Emergency Action Plan

2 Practice Plans

Referent Model for Analyzing Performance A & B

Official Rules Test

Online Evaluation: Make Ethical Decisions

Online Module: Making Head Way in Sport

Observation in training (in person or through video)

Maintenance Phase

20 PD points over 5 years

Actively Coaching

Self-directed Coaching Activity

NCCP Activity

Non-NCCP Multisport Activity

Non-NCCP Karate Activity

Competition Introduction Trained



Competition Introduction Certified



Competition Introduction Maintained

