

Karate Canada Instruction Beginner Pathway

Training Phase

Recommended prerequisites

Minimum 16 years old*, CPR training and brown belt

*Training available starting 14 years old, but cannot be certified until 16 years old

Karate Canada Instruction Beginner Workshop

Make Ethical Decisions (3 hours)

Teaching and Learning (5 hours)

Analyzing Performance A (6 hours)

Planning a Practice A (2 hours)

Certification Phase

Registration with your Provincial Karate Organization

Submission of a portfolio

Emergency Action Plan

Referent Model for Analyzing Performance A

Online Evaluation: Make Ethical Decisions

Online Module: Making Head Way in Sport

Observation in training (in person or through video)

Maintenance Phase

10 PD points over 5 years

Actively Coaching

Self-directed Coaching Activity

NCCP Activity

Non-NCCP Multisport Activity

Non-NCCP Karate Activity

**Instruction
Beginner
Trained**



**Instruction
Beginner
Certified**



**Instruction
Beginner
Maintained**

