

## KARATE CANADA OTHER STYLES DAN TEST GUIDELINES

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## Dan test guidelines for other styles

- Other styles is defined as any style other than the 5 major Karate Canada styles. The 5 major styles are: Chito-Ryu, Goju-Ryu, Shito-Ryu, Shotokan and Wado-Ryu.
- 2. Submit report PRIOR to practical examination:
  - 2.1. Show style lineage to Karate-do tree of NCCP technical manual level 1.
  - 2.2. Explain style origin of the style name and who was the founder of the style including background.
  - 2.3. Characteristics of techniques and stance and how they were created and why.
- 3. Submit list PRIOR to practical examination explaining:
  - 3.1. Kihon.
  - 3.2. Kata leading up to last level before Shodan.
  - 3.3. Kata requirements for each Dan level.
- 4. Perform practical examination:
  - 4.1. Perform Kihon from list and be able to answer any questions concerning application of any of the Kihon techniques.
  - 4.2. Perform 3 of the Katas from the submitted list of Katas leading up to the last level before Shodan and explain any bunkai.
  - 4.3. Perform the required Katas for the Dan level being tested for.

Note: An applicant in another style requiring to be recognized under one of the 5 major Karate Canada styles will be tested as per the requirements of that style.