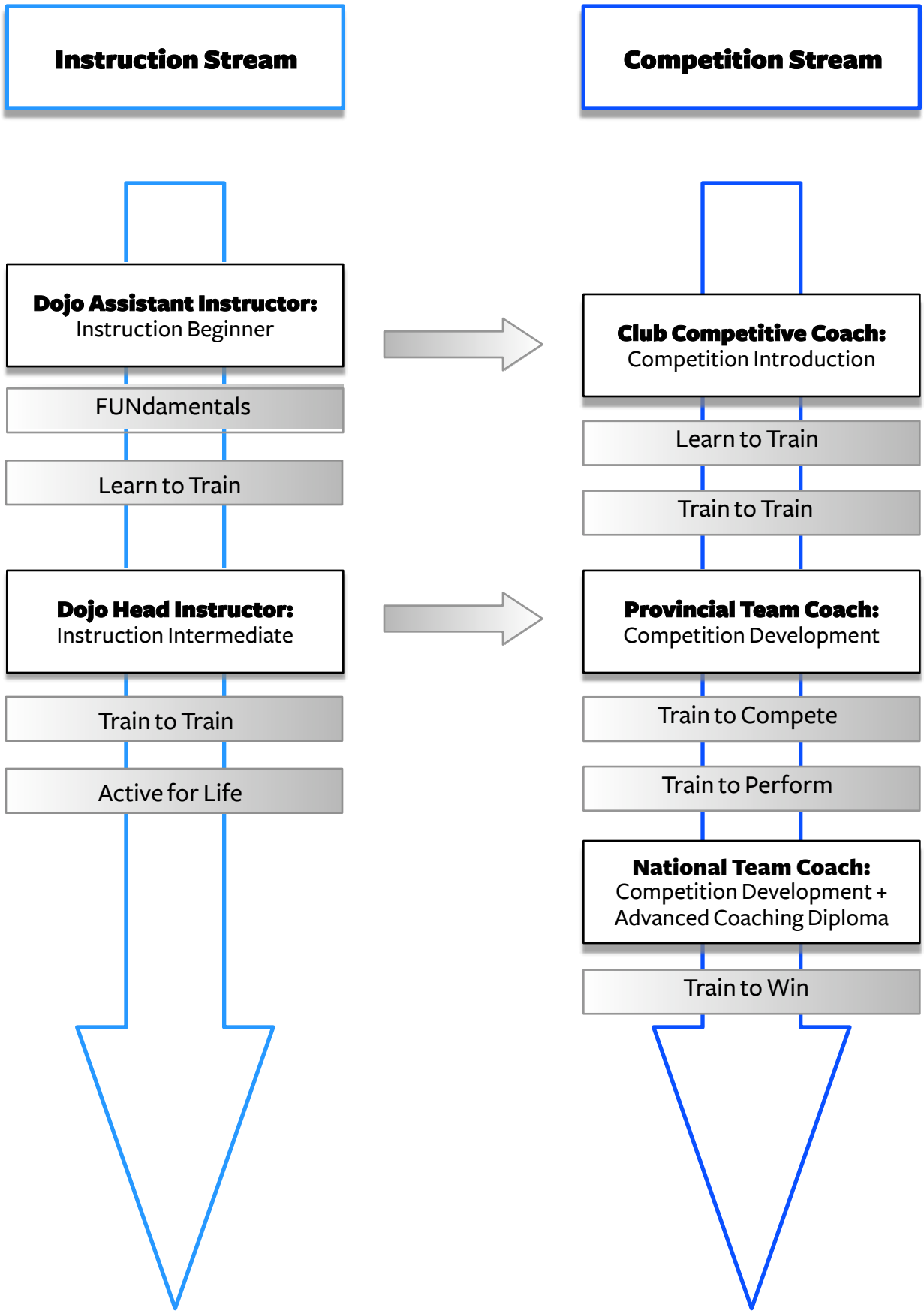Karate Canada: Coaching Development Model