JUNIOR NATIONAL TEAM CRITERIA

(FOR KATA AND KUMITE ATHLETES)

2019-2020 SEASON

KARATE CANADA

APPROVED BY THE BOARD OF DIRECTORS ON MARCH 28, 2019

KARATE CANADA
JUNIOR NATIONAL TEAM CRITERIA (FOR KATA AND KUMITE ATHLETES)
2019-2020 SEASON

These criteria apply to the National Junior kumite and National Junior kata Teams only.

There are 2 parts to this document as follows

PART I – Selection Framework

1. Introduction
2. Overall Philosophy and Values of Criteria
3. How to get on the National Junior Team Roster
4. Selection Criteria for Competition
5. Requirements, Exemptions and appeals

PART II – Point allocation for Domestic and International events

1. Competition calendar and point allocation for the current season
2. Camp calendar
3. Funding Ratios

PART I – SELECTION FRAMEWORK

DEFINITIONS

Season: For the purposes of this document, the term "season" designates the time period between (and including) the 2019 Junior National Karate Championships and the start of the 2020 Senior National Championships.

National Team Head Coach: The term National Team Coach in this document relates to the discipline-specific (kata or kumite) Head Coach.

National Team Roster: The list of athletes eligible to represent Canada's Junior National Team at competition.

Developmental Competition: a competition for which no Karate Canada ranking points will be awarded yet which would provide a positive-growth opportunity for a target athlete.

Domestic Competition: a competition occurring within the borders of Canada and with Karate Canada being the highest sanctioning organization.

Continental Competition: a competition with the Pan American Karate Federation or the Pan-American Sports Organization being the highest sanctioning body.

International Competition: competition with the World Karate Federation being the highest sanctioning body.

Regional Training Camp: a local training camps for athletes living within one of either the BC, Ontario, Quebec or Atlantic regions

Inter-regional Training Camp: A joint regional camp between two or more of the existing regional training centers.

Junior National Training Camp: A camp for targeted Junior National Team athletes

International Camp: A multi-national camp held collaboratively with national teams from other countries.

Alternate Athlete: An alternate is an athlete who is selected as a late replacement to fill a spot left vacant for a specific competition or training camp after an athlete originally selected through the ordinary selection process has pulled out or is declared unable to participate, due to injury, illness or other circumstances.

Training Partner: An athlete not on the National Team roster who has been invited to participate in a training camp to enhance the competitive environment of the camp.

1.0 Introduction

These criteria apply to the National Junior Teams only. The following items are addressed:

1. Introduction
2. Overall Philosophy and Values of Criteria
3. How to get on the National Junior Team Roster
4. Selection Criteria for Competition
5. Requirements, Exemptions and appeals

The criteria will be applied to all National Junior Teams taking into account current points earned in the current and/or previous season (depending on point expiration of specific events) using the point criteria in Part II of this document.

All funding directed to athletes, as stipulated in Part II will be a function of Karate Canada's budget and the athlete's status.

The Junior National Team Roster will be named , after the conclusion of Karate Canada's 2019 Junior National Championships

The top 4 finalists in each weight division at the 2019 Canadian Junior National Championships will automatically be named as members of the 2019 Junior National Team Roster and will remain National Team Roster members until the beginning of the 2020 Junior National Championships of the following year, pending compliance with requirements in Section 5.0, and other stipulations in this document.

Athletes who hold valid ranking points earned during the previous season and who take part in the 2019 Junior National Championships (see possible valid exemptions as per Sections 4.2 & 5.2, as well as Appendix A) will also be automatically named as members of the 2019 Junior National Team Roster, and will remain National Team Roster members until the beginning of the 2020 Junior National Championships of the following year, pending compliance with Requirements in Section 5.0, and other stipulations in this document.

An athlete may be a member of the Junior National Team Roster in more than one division, if he/she has participated and medaled in more than one division at the Junior National Championships.

The classification of domestic, continental and international tournaments, and the points which athletes are able to accumulate at each one, will be determined by the Junior National Team Head Coach(es) in collaboration with the High Performance (HP) Committee on an annual basis. If a Head Coach position is not filled, a suitable designate will be assume the role. Please refer to Part II for the classifications and point yields for each competition for the current season.

The international tournaments chosen for the Junior National Team Roster can be modified during the course of the year by giving at least 4 (four) weeks notice prior to the event. Karate Canada may also cancel participation in any of these events due to unforeseen circumstances, such as re-scheduling or cancellation of the event by its organizing committee.

Please note that Karate Canada reserves the right to amend these Criteria after the date of their original publication, in accordance with the primary objective of enhancing Karate Canada's chances of obtaining podium results and achieving success at certain WKF and/or PKF competitions, and as may be required in order to align with international karate sport governing bodies (WKF, PKF, etc.) and other external agencies / partners (Canadian Olympic Committee, Sport Canada, Own The Podium, etc.)

2.0 OVERALL PHILOSOPHY AND VALUES OF CRITERIA

The following criteria is designed to meet 2 objectives

1. To ensure that Karate Canada fields the most competitive teams as possible in accordance with the long-term objectives of the Karate Canada's High-Performance Plan, and

2. To develop future athletes as and when appropriate to ensure a healthy and continuous pipeline of athletes representing Karate Canada at designated events

The values used by the High Performance Committee when developing the Selection Criteria and for decision making in selection related matters are as follows:

Transparency – ensuring that the selection process and decisions are clearly and fully communicated to Karate Canada stakeholders

Performance Excellence – ensuring that decisions and criteria are guided by the philosophy of always selecting the best possible team for Karate Canada within consideration of funding, and long-term performance objectives

Athlete safety and well-being – to ensure that athletes are not forced or coerced into over-competing and/or competing in inappropriate competitions, or at the wrong time of their training cycles.

3.0 How to get on the Junior National Team Roster

An athlete must participate at the annual Karate Canada's Junior National Championships of the current season (as defined in Part I, Section 1 – see possible exemptions in sections 4.2 & 5.2, and in Appendix A).

The top 4 placing athletes in the Cadet (14-15), Junior (16-17) and U21 (18-20) kata and kumite divisions as well as the Junior (14-17) team kata divisions at the Junior National Championships will automatically be deemed "members of the Junior National Team Roster" for the current season, as will any athletes holding valid ranking points from the previous season and who have competed in the 2019 Junior National Championships. An athlete may be a member of the National Team Roster in more than one division, if they participated in and won a top-4 place at Junior National Team Trials in more than one division.

Selection onto the National Team for a specific competition will occur no later than 4 (four) weeks before the start of the designated competition.

3.1 Citizenship Requirements

Non-Canadian citizens may be named to the Junior National Team Roster and, thereby, earn ranking points at Open tournaments if and only if they are permanent residents. Only upon the attainment of Canadian citizenship will they become eligible to be named to a National Team representing Canada at Pan American Championships and official Intercontinental or World Championships. Non-citizen athletes on the National Team Roster will receive no funding from Karate Canada, and are not eligible for Sport Canada Carding (Athlete Assistance Program).

3.2 Selection of Alternates

Karate Canada is under no obligation to select an alternate for either a training camp or an international competition. See section 4.7 for the selection process and criteria for alternates.

As soon as an athlete is named onto a team for a specific competition as an alternate or to fill a vacant spot, he /she immediately becomes a Junior National Team Roster athlete, for the remainder of the season (as long as he / she meets all other requirements and conditions for the remainder of the season).

3.3 How to Earn Points

Athletes earn points:

1. Through any performance as listed in Part II and according to the Rules About Points (Section 3.4 below)

3.4 Rules About Points

- Points may only be earned in individual kumite, individual kata and team kata categories. Results earned in the team kumite category are not rewarded with point allocations.
- An athlete must win at least 2 bouts in approved competition (as listed in Part II) in order to accumulate the designated points. If an athlete wins only one bout, he / she will receive 50% of the designated points. If an athlete obtains a result with no win, he / she will not be awarded any ranking points.
- A win through a bye and/or absence of an opponent in the competitions listed in Part II will NOT be counted as a victory.
- Points obtained in the team kata division will not be applied to any athlete's kata individual division. Should one of the three kata team members who earned these points be replaced by another athlete (due to the replaced athlete being injured or having decided to retire or withdraw from the team willingly), the kata team will continue to benefit from these points from the date on which they were earned until the date of expiry. Should more than one of the original kata team members be replaced, retire or withdraw, points will be lost for all the kata team members regardless of their original anticipated expiry date.
- If an athlete changes age division during the course of a season, they will not carry their points with them to the new age division. If this athlete has not placed in the top 4 at the season's Junior National Championships in an older category they will not be considered a member of the National Team Roster for this older category. If an athlete has already accumulated points at Nationals in an older category, future

points for participation and/or performance in this older category will only be recognized once the athlete turns of age for the new category.

- An athlete who is a member of the Junior National Kumite Team Roster and obtained a top-4 placement at the most recent Canadian Junior National Championships can request to be transferred to a higher weight division, provided that:

    - it is in the same age category;
    - there is at least 1 vacant spot in that higher weight division, at the time of the request, among the top-4 finalist from the most recent Canadian Junior National Championships;
    - the request is submitted in writing by the athlete and forwarded to Karate Canada no later than the start of the 2019 Junior National Team Training Camp (JNTC).
    - If the request is accepted by the Head Coach(es), the athlete will be introduced in this new higher weight division, and he/ she will carry with him/her the points he/she has previously accumulated, up to the total number of points held by the lowest ranked athlete (at the time of JNTC) in this higher weight division.
- With the exception of situations described in point 3.4.5 above, points obtained in an individual division can only be accumulated within that same division. There cannot be cross-accumulation with other individual disciplines (i.e. kata and kumite), and/or age and/or weight divisions.
- Only the events listed in Part II, Table 1 of this document will be considered for points.
- All athlete point totals will be updated within 5 working days of competitions listed in Part II, Table 1 and be posted on the Karate Canada website at the link URL below.
    - https://karatecanada.org/resources/national-team/

3.5 Duration and Expiration of Points

The start date of an athlete's point accumulation is the end date of the event when the points were awarded.

Points from an event will expire:

- On the first day of the same event if that event occurs annually
- 12 months from the first day of an event if that event is cancelled or for whatever reason does not occur in the following year

- On the first day of the same event, (or after 2 years if the event doesn't reoccur in the following 2 seasons) for points derived from a medal at the Junior World Championships
    a. NOTE: As per Part II, Table 1 points for events that do not occur in the following season are reduced by 50% after the 1st year.

4.0 Selection Criteria for Competitions

4.1 Mandatory Training Camps:

In order to maintain their status as members in good standing of the Junior National Team Roster through the 2019-2020 season, so as to be eligible for automatic invitation to the 2020 Karate Canada Junior National Championships (see notes at the bottom of table 1, in Section II), and so as to be eligible for participation in the 2019 Cadet & Junior Pan American Championships, the 2019 WKF Junior World Championships and in any other international competition of the season as an official Canadian Junior National Team member, all Junior National Team Roster athletes (kata and kumite) must take part in:

- That season's Junior National Championships
- That season's Junior National Training Camp
- The Karate Canada 2019 Summit Training Camp (Mandatory for Ontario and Quebec athletes only and highly recommended for others), and
- All Regional and Inter-regional Training Camps as described below.

(Notwithstanding exemptions listed below)

The 2019 Junior National Training Camp (JNTC) will take place July 12-14, 2019 (exact location to be confirmed no later than 4 (four) weeks prior to the start of the event). Karate Canada reserves the right to schedule additional Junior National Training Camps. If more camps are scheduled, eligible athletes will be notified at least 4 (four) weeks before the beginning of each camp.

The date and location of each Regional and Inter-Regional Training Camp will be announced at least 4 (four) weeks prior to the beginning of each camp. An unofficial calendar of these Training Camps is in Part II, Table 3 of these Selection Criteria.

Karate Canada reserves the right to change the dates and / or location of any of the mandatory camps, or to cancel a camp, provided at least 2 (two) weeks notice is given to invited Junior National Team Roster members.

Please note that Karate Canada also reserves the right to add additional Regional Training Camps during the course of the season.

Regional and Inter-Regional Training Camps

In order to remain on the Junior National Team Roster, all invited Junior National Team Roster athletes residing in Ontario or in Quebec must participate in all mandatory ON-QC Inter-Regional Training Camps, if they reside within a 300 km radius from the training camp venue. Athletes living outside of this perimeter will be exempt from mandatory participation in QC-ON Inter-Regional Training Camps.

Furthermore, in order to remain on the Junior National Team Roster, all invited Junior Kumite National Team Roster athletes must participate in all mandatory Regional training Camps, if they reside within a 200 km radius from the training camp venue. Athletes living outside of this perimeter will be exempted from mandatory participation in Regional Training Camps.

Junior National Team Roster athletes residing in other provinces may be invited to take part in Regional and Inter Regional Trainings throughout the season as well.

4.2 Exemptions from National Team Training Camps and / or Competitions

See Section 5.2 below.

4.3 Selection onto the Junior National Team for Specific Competitions (Individual Divisions)

In order to participate in Karate Canada sanctioned events listed in Table 1 as a member of the Canadian National Team in individual divisions, eligible athletes from the Junior National Team Roster will be selected based on highest point accumulation, at the cut-off date for each specific event, according to the table of events in Part II, Table 1, and according to the number of available positions for that event (based on Karate Canada budget and tournament rules).

Selection of the 2019 Cadet, Junior & U21 Pan American Championships Team will occur within two weeks of the conclusion of the 2019 Junior National Championships.

Selection of the 2019 Cadet, Junior & U21 World Championships Team will occur within two weeks of the conclusion of the 2019 Cadet, Junior & U21 Pan American Championships.

4.4 Developmental Events

Additionally, athletes on the Junior National Team Roster may be invited to participate in some developmental international competitions solely at the Head Coach(es)' discretion throughout the year. Such discretionary invitations are not for KC ranking point-scoring events.

4.5 Tie Breaking Procedure

When two or more athletes hold the same total number of KC ranking points at the time of selection, the tie breaking process will be as follows in the sequence below:

-Priority 1: If tied athletes have both / all competed in the same division at the 2019 PKF Junior Pan American Championships, the athlete with the highest total number of ranking points earned from performance at this event will be selected.

-Priority 2: If the tie persists, the athlete who obtained the best result (in this division) at the 2019 Karate Canada Junior National Championships will be selected.

-Priority 3: If the tie persists, final selection will be decided by the discipline-specific Head Coach.

4.6 Selection for Junior Team Kumite

Selection of athletes participating in Team Kumite events, during international competitions, is at the discretion of the Junior Kumite National Team Head Coach, but selected athletes must either be current National Team Roster athletes or must have participated in the latest Junior National Championships. The Junior National Team Kumite Head Coach's selection requires approval by the HP Committee.

4.7. Selection for Junior Team Kata

The team that wins the Team Kata competition in any given Junior division at the 2019 Karate Canada Junior National Championships will be selected to represent Canada at targeted events.

4.8. Alternates / Athlete Replacement

Karate Canada is under no obligation to select an alternate for either a training camp or an international competition.

4.8.1. Individual Divisions:

Should a selected athlete, at any time between the official date of team selection for a specific competition or training camp and the latest possible date on which Karate Canada may modify registrations in said event, have pulled out or have been declared unable to participate, due to injury, illness or other circumstances, that athlete may be replaced by an eligible athlete in accordance with the following decreasing priority:

- Priority 1: Next eligible athlete within the top 4 from the KC ranking in the division where there is a vacant spot;

- Priority 2: Any athlete within the top 4-ranked athletes from an adjacent division selected at the discretion of the Head Coach. If alternates are invited from adjacent kumite divisions, the Head Coach must confirm the athlete's ability to make weight in order to fill the vacant spot. Alternate selections based on this 2nd priority require approval by the HP Committee.

As soon as an athlete is named onto a team for a specific competition as an alternate or to fill a vacant spot, he /she immediately becomes a Junior National Team Roster athlete for the remainder of the season. The athlete must meet all other requirements and conditions of Junior National Team Roster status for the remainder of the season.

4.8.2. Team Kumite Divisions:

The selection of alternates in Junior Team Kumite divisions is at the discretion of the Junior National Team Kumite Head Coach, but selected athletes must either be current Junior National Team Roster members or must have participated in the latest Junior National Team Trial. Selection of alternates by

the Junior National Team Kumite Head Coach must also be approved by the HP Committee.

As soon as an athlete is named onto a team for a specific competition as an alternate or to fill a vacant spot, he /she immediately becomes a Junior National Team Roster athlete, for the remainder of the season (as long as he / she meets all other requirements and conditions for the remainder of the season).

4.8.3. Team Kata Divisions:

The selection of alternates (for replacement of an athlete due to injury or who has decided to retire or withdraw from the team willingly), in Junior Team Kata divisions, can be recommended by the remaining kata team members (athletes) themselves, but must be approved by the Junior National Team Kata Head Coach and by the HP Committee. Not more than one alternate may be selected per Junior kata team.

As soon as an athlete is named onto a team for a specific competition as an alternate or to fill a vacant spot, he /she immediately becomes a Junior National Team Roster athlete, for the remainder of the season (as long as he / she meets all other requirements and conditions for the remainder of the season).

4.9. Calendar of Competitions for the season

The calendar of competition events for the season is found in Part II, Table 1.

5.0 Requirements, Exemptions and Appeals

5.1 Requirements

To remain on the Karate Canada Junior National Team Roster, each athlete must:

- Sign and adhere to the Karate Canada Athlete Agreement
- Pay the required Junior National Team Package Fee on time, as required.
- Have and maintain a valid Canadian passport (see exceptions at 3.1).
- Always report any performance-limiting injuries or physical conditions to the National Junior Head Coach(es) within 5 (five) days of the injury or performance limiting change in physical condition.
- Provide proper medical information on the injury and on its treatment.
- Keep the National Head Coach(es) informed on the progress of recovery from injury and/or illness.
- Provide an accurate mailing address, an active e-mail address and all phone numbers at which they can be reached.
- Any changes must be sent to the Karate Canada Head Office.

5.2 Exemptions

Exemptions from mandatory national team camps and/or competition activities due to exceptional circumstances may include, but are not limited to:

- Recent death in the immediate family - at least 4 (four) weeks prior to the start of the Camp or Competition;
- Injury limiting participation and/or performance (see additional information below);
- Pregnancy; or
- Infectious disease

Exemption requests must be submitted in writing to Karate Canada's Head Office and Junior National Team Head Coach(es) as soon as possible, and no later than 24 (twenty-four) hours after the start of any National Team Training Camp / event. Notification of such an event must include details of the circumstances along with any supporting evidence scanned and/or emailed to the Karate Canada Head Office.

In the cases of injuries, disease or other performance limiting physical condition, the athlete must include a medical certificate indicating the specific problem, its severity and the estimated recovery time. Karate Canada has the right to seek its own medical opinion before rendering their final decision on potential exemption or consequence of the injury.

An athlete who has sustained an injury must be present at all mandatory training camps unless the ability to receive appropriate medical treatment for that injury precludes that athlete from attending, or unless waived by the Head Coach(es).

An athlete whose condition persists and who is unable to undergo full training during the 2 (two) week period prior to an event may be withdrawn by Karate Canada from the team representing Canada at that event.

Karate Canada will accept or reject all requests for exemptions and deliver its decision within a reasonable time period following receipts of request for exemptions. Such decisions will be final and without appeal.

5.3 Appeals

Appeals regarding team selection are limited to the incorrect application of criteria. For any appeal, please refer to the Karate Canada's Appeal Policy.

6.0 Language

Where / when there is a difference in interpretation between French and English versions of this document, the English version shall prevail.

PART II

Specific season-to-season Competition events and Point Scores for Selection*

Table 1 – Calendar of events for 2019-2020 season and points allocation

Competitions (2019-2020 Season)	Points 1st	Points 2nd	Points 3rd	Points 4th-5th	Points Top 8	Comments
Junior National Championships May *3-5, 2019 Edmonton, AB*	60	40	30 (bronze in kata)	20 (4th in kumite only)	N/A	Used as the sole selection event for Team Kata
Junior National Training Camp *July 12-14, 2019 Toronto, ON*	N/A	N/A	N/A	N/A	N/A	Mandatory for all athletes attending the 2019 Junior Pan Am Championships except for athletes who are also on the Senior National Team Roster for the 2019-2020 season. Participation limited to the top 4 ranked athletes in each division
2019/20 WKF Youth League Events *Limassol, Cyprus Umag, Croatia Santiago, Chile Vencie, Italy*	N/A	N/A	N/A	N/A	N/A	Recommended for athletes 16 years old and up.

2019 WKF Youth Camp and Cup *July 1-5, 2019 Umag, Croatia*	N/A	N/A	N/A	N/A	N/A	Recommended for all athletes
Kata National Training Camp (BC) August 15th -18th, 2019	N/A	N/A	N/A	N/A	N/A	Mandatory for all BC kata athletes. Highly Recommended for all kata athletes
Lima 2019 Pan American Games* *August 8th -10th, 2019. Lima, Peru*	120	80	60	30 (5th)	N/A	Optional but highly recommended (for selected Senior National Team Roster athletes only)
Cadet, & Junior & U21 Pan American Championships** *August 27-31, 2019 Guayaquil, Ecuador*	120	80	60	30 (5th)	N/A	The Canadian Junior National Team representing Canada at the 2019 Jr Pan-American Championships will be named within 2 weeks of the conclusion of the 2019 Junior National Championships.
Karate Canada's High-Performance Summit *September 27th - 29th Toronto, ON*	N/A	N/A	N/A	N/A	N/A	Mandatory for National Team Roster athletes from Ontario and Quebec only and highly recommended for others
2019 WKF Cadet, Junior and U21 World Championships* *(October 23-27, 2019 Santiago, Chile)*	300	200	100	50 (5th)	30 (7th)	The Canadian Junior National Team representing Canada at the 2019 Jr World Championships will be named within 2 weeks of the conclusion of the 2019 Junior Pan-American Championships.
2020 US Open *Las Vegas, USA*	N/A	N/A	N/A	N/A	N/A	Recommended for all athletes

2020 Senior Pan American Championships* ** *(If occurs before the 2020 Junior National Championships)*	120	80	60	30 (5th)	N/A	Optional but highly recommended (for selected Senior National Team Roster athletes only)

Exact dates and locations of all events above to be confirmed.

* = Please note that KC ranking points for performances at the 2019 Cadet, Junior & U21 World Championships and the Lima 2019 Pan American Games remain valid for 2 years (from date when obtained) or until next occurrence of event –whichever occurs first, with 50% devaluation of allocated points after 1 year, regardless of the athlete's possible changes in weight and age division. However, if the points are earned in a U21 division, the athlete will receive equivalent points in the Senior (18+) division, up to the maximum value of a bronze medal result at Senior Pan American Karate Championships of the current season. These bronze medal points will be based upon the values stated in the current Senior National Team Selection criteria.

** = Points valid only until the beginning of the 2020 Junior Pan American Championships, so long as the athlete is still competing in the same division.

*** = Points allocations for results of Junior Roster athletes at the 2020 Senior Pan American Karate Championships will only be applied to individual athlete ranking point totals if the 2020 Senior Pan American Karate Championships occurs before the 2020 Karate Canada Junior National Championships.

IMPORTANT: For athletes selected onto both the Senior and Junior National Team Rosters for the 2019-2020 season, Karate Canada will award KC ranking points in the athletes' Junior divisions (U21 and / or Junior) for results at 2019 Lima Pan Am Games if the athlete qualifies to represent Canada.

Note: The two (2) top-ranked Junior National Team Roster athletes in each division (at the end of the season) will be automatically invited to participate in the 2020 National Championships, in Cadet (14-15 year old), Junior (16-17 year old) and U21 (18-20 year old) divisions regardless of any change in age or weight division within Junior divisions (automatic invitations do not carry over to Senior divisions). These athletes must still meet team eligibility requirements set by their respective PTSO (in terms of participation in provincial / territorial selection tournaments and / or trainings, etc.), and must be active members in good standing of Karate Canada's Junior National Team Roster at the conclusion of the 2019 Summit. See Appendix B.

Table 2 - Funding Ratios for Athletes on the National Junior Team at International Competitions*

Points	Ratio
170 or more	1.5:1
90 - 169	1:1

Based on its budgets per event, Karate Canada may distribute additional funding to athletes participating in multiple divisions.

(* Whenever funding is available. Based on Karate Canada's available funds and overall budget for each event.)

Table 3 –Regional and Inter-Regional Training Camps*

Inter-Regional Quebec-Ontario	**Western (British Colombia)**	**Atlantic** (Kumite only)
Camp 1	Camp 1	Camp 1
Camp 2	Camp 2	Camp 2
Camp 3	Camp 3	Camp 3
2019 KC Summit	Camp 4	Camp 4

Exact dates and locations to be provided at a later time and will remain subject to change. Participation in the 2019 Karate Canada Summit Training Camp is mandatory for all Ontario and Quebec-based Junior National Team Roster athletes, in order for these athletes to retain their status as active within Karate Canada's Junior National Team Roster Program and to be eligible for automatic invitation to the 2020 National Championships.

APPENDIX A: RULES FOR EXEMPTIONS FROM THE 2020 JUNIOR NATIONAL CHAMPIONSHIPS & NATIONAL TRAINING CAMPS FOR WKF TOP-RANKED CANADIAN ATHLETES

As part of the qualification process towards participation in the 2020 Olympic Games, it is expected that athletes' international ranking point totals and WKF standings will be of great importance. Consequently, Karate Canada deems it imperative to adopt National Team selection rules and criteria that will not hinder its top-ranked athletes in their efforts to earn and accumulate additional WKF ranking points, through performance at key international events.

In accordance with the current organization rules for the WKF Premier League Karate-1 events, only athletes whose standing is amongst the top 50 of their Senior division, in the WKF rankings, will be assured of the opportunity to participate in these competitions, where results will yield a very high WKF and Olympic ranking point value. Furthermore, as of the start of the Tokyo Olympic Qualification period (July 2nd, 2018), results at WKF Series A Karate-1 will also yield a significant WKF and Olympic ranking point value.

2020 JUNIOR NATIONAL CHAMPIONSHIPS:

In aligning with these rules, and while participation in the National Championships is normally a requirement for eligibility towards selection onto the National Team Roster for the ensuing season, Karate Canada will exempt all athletes who meet all three of the following conditions from mandatory participation in the 2020 National Championships, and these athletes will remain eligible for nomination to the 2020/2021 Junior Team Roster.

1. The athlete is taking part in a WKF Karate-1 Premier League or Series A event occurring within four (4) weeks (28 days) of any of the dates of the 2020 Junior National Championships.
2. The athlete is in the top 50 of the WKF world rankings of his / her Senior division at the time of the opening of registration for this WKF Karate-1 Premier League or Series A event;
3. The athlete is a member in good standing of the National Team Roster at the time of his / her registration in this WKF Karate-1 Premier League or Series A event.

To further ensure that these top-ranked athletes are not penalized by their pursuit of international ranking points and by their efforts towards qualifying for the Tokyo 2020 Olympic Games, all athletes benefiting from the exemption mentioned above will also be awarded the KC ranking point amounts listed below (in accordance with the point value reflected in the appropriate season's National Team Criteria):

a) KC ranking points for results (matches won and podium placement), if applicable, at the WKF Karate-1 Premier League or Series A event occurring within four (4) weeks (28 days) of any of the dates of the 2020 Junior National Championships,

AND

b) An amount of KC junior ranking points equivalent to that being awarded to medalists of the 2020 Junior National Championships, as follows:

   i) for athletes ranked in the top 25 of their Senior division's WKF ranking at the time of the opening of registration for this WKF Karate-1 Premier League or Series A event: KC ranking points equivalent to that being awarded to gold medalists of the 2020 Junior National Championships;

   ii) for athletes ranked between the top 26 and top 50 of their Senior division's WKF ranking at the time of the opening of registration for this WKF Karate-1 Premier League or Series A event: KC ranking points equivalent to that being awarded to silver medalists of the 2020 Junior National Championships.

Please note: if the athlete participates in more than one WKF Karate-1 Premier League and / or Series A event occurring within four (4) weeks (28 days) of any of the dates of the 2020 Junior National Championships, while they may earn more KC ranking points for their results at these different WKF Karate-1 Premier League and / or Series A events, they may only be awarded the amount of KC ranking points equivalent to that being awarded to gold or silver medalists of the 2020 Junior National Championships (depending on their WKF ranking) once, if applicable.

Please also note: in order to benefit from the automatic awarding of points equivalent to a gold or silver medal at the 2020 Junior National Championships, athletes eligible to benefit from this exemption (and therefore competing at a Karate-1 Premier League or Series A event within four (4) weeks (28 days) of any of the dates of the 2020 Junior National Championships) may not compete at the 2020 Junior National Championships in the individual divisions. Should eligible athletes choose to compete at the 2020 Junior National Championships in individual divisions, they will forfeit access to this exemption and therefore also to any linked benefit such as the guaranteed awarding of KC ranking points equivalent to a gold or silver medal at the 2020 Junior National Championships in those divisions.

APPENDIX B: AUTOMATIC INVITATIONS TO THE 2020 JUNIOR NATIONAL CHAMPIONSHIPS

Please note that Karate Canada will automatically invite athletes that meet one (1) of the following three (3) criteria to the 2020 Junior National Championships:

1. All gold and silver medalists from the previous (2019) National Championships (including Youth division athletes), regardless of any change in age or weight divisions within Junior divisions (Youth, Cadet, Junior and U21) and;

2. The two (2) top-ranked Junior National Team Roster athletes in each division (at end of the 2019 season), regardless of any change in age or weight divisions within Junior divisions (Youth, Cadet, Junior and U21)

3. Junior National Team Roster athletes* from the U21, Junior and Cadet divisions who, during the 2019-2020 Karate Canada season, achieved a 5th place or higher in a 2019 or 2019 WKF Youth League event, in the 2019 Junior Pan American (PKF) Karate Championships or in the 2019 Junior World (WKF) Karate Championships, regardless of any change in age or weight divisions within Junior divisions (Youth, Cadet, Junior and U21).

Automatic invitations to the 2020 Junior National Championships, according to the above 2 points, will only apply to the discipline in which the medal or rank was earned. That is, athletes automatically invited to compete in kata are not automatically invited to compete in kumite, and vice versa.

All automatically invited athletes must still meet team eligibility requirements set by their respective PTSO (i.e. participation in provincial selection tournaments and / or training sessions, etc.)

Automatically invited Kumite athletes may register is any single weight division at the 2020 Junior National Championships regardless of the division in which they achieved their automatic invitation status.

Additionally, all automatically invited athletes must be active and current members in good standing of the National Team Roster, according to Karate Canada's National Team Head Coaches and in accordance with published National Team Criteria or at the conclusion of Karate Canada's 2019 High Performance Summit.