

SENIOR NATIONAL TEAM CRITERIA FOR KATA AND KUMITE ATHLETES

2019/2020 SEASON



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PART I– SELECTION FRAMEWORK

1. DEFINITIONS

Season: For the purposes of this document, the term “season” designates the time period between (and including) the 2019 Senior National Karate Championships and the start of the 2020 Senior National Championships.

National Team Head Coach: The term National Team Coach in this document relates to the discipline-specific (kata or kumite) Head Coach.

National Team Roster: The list of athletes eligible to represent Canada’s Senior National Team at competition.

Competition

Developmental Competition: a competition for which no Karate Canada ranking points will be awarded yet which would provide a positive-growth opportunity for a target athlete.

Domestic Competition: a competition occurring within the borders of Canada and with Karate Canada being the highest sanctioning organization.

Continental Competition: a competition with the Pan American Karate Federation or the Pan-American Sports Organization being the highest sanctioning body.

International Competition: competition with the World Karate Federation being the highest sanctioning body.

Regional Training Camp: a local training camp for athletes living within one of either the BC, Ontario, Quebec or Atlantic regions

Inter-regional Training Camp: A joint regional camp between two or more of the existing regional training centers.

National Training Camp: A camp for targeted Senior National Team athletes

International Camp: A multi-national camp held collaboratively with national teams from other countries.

Alternate Athlete: An alternate is an athlete who is selected as a late replacement to fill a spot left vacant for a specific competition or training camp after an athlete originally selected through the ordinary selection process has pulled out or is declared unable to participate, due to injury, illness or other circumstances.

Training Partner: An athlete not on the National Team roster who has been invited to participate in a training camp to enhance the competitive environment of the camp.

2. INTRODUCTION

These Selection Criteria are in line with the AAP Carding Criteria for 2020-2021 and apply to all Senior Kumite and Kata National Team members, considering any current ranking points and statuses earned in the current and/or previous seasons. Ranking points accumulation will be based on Part II, Table 1 of this document. Application of the criteria contained in this document is also based on the 2019/2020 Senior National Team Training and Competition Calendar addendum that will be published before October 31st, 2019.

Decisional authority delegated to the Head Coach in this document is restricted to the discipline over which the Head Coach presides. Also, any reference to the National Team Head Coach will refer to either the individual filling that position on a permanent basis or an appointed temporary substitute if the Head Kumite or Kata Coach position is vacant.

The classification of “development”, “domestic”, “continental” and “international” tournaments, and the points that athletes are able to accumulate at each one, will be determined by the National Head Coaches on an annual basis, pending approval by the High-Performance Committee (HPC).

The schedule of international tournaments and/or training camps for the National Senior Team Roster can be modified during the season by giving at least 8 (eight) weeks notice prior to the scheduled beginning of an event. Karate Canada may cancel participation in any of these events due to unforeseen circumstances, such as but not limited to, re-scheduling or cancellation of the event, or another event, by its respective organizing committee, availability of budget and/or other factors present at the time that are considered detrimental to Karate Canada’s performance objectives as determined by the HP Committee.

Please note that Karate Canada reserves the right to amend these Criteria after the date of their original publication, in accordance with the primary objective of enhancing Karate Canada’s chances of obtaining podium results and achieving success at certain WKF and/or PKF competitions, and as may be required in order to align with international karate sport governing bodies (WKF, PKF, etc.) and other external agencies / partners (Canadian Olympic Committee, Sport Canada, Own the Podium, etc.).

All funding directed to athletes, as stipulated in Part II, Table 2, will be a function of Karate Canada’s budget and the athlete’s status at the time of selection for a targeted event.

3. OVERALL PHILOSOPHY AND VALUES OF CRITERIA

The following criteria is designed to meet 2 (two) objectives

To ensure that Karate Canada fields the most competitive teams as possible in accordance with the long-term objectives of the KC High Performance Plan, and

To develop future athletes as and when appropriate to ensure a healthy and continuous pipeline of athletes representing Karate Canada at designated events.

The values used by the HP Committee when developing the Selection Criteria and for decision making in selection-related matters are as follows:

Transparency

Ensuring that the selection process and decisions are clearly and fully communicated to KC stakeholders.

Performance Excellence

Ensuring that decisions and criteria are guided by the philosophy of always selecting the best possible team for Karate Canada within consideration of funding, and of long-term performance objectives.

Athlete Safety and Well Being

To ensure that athletes are not forced or coerced into over-competing and/or competing in inappropriate competitions, or at the wrong time of their training cycles.

4. HOW TO GET ON THE SENIOR NATIONAL TEAM ROSTER

Competitive karate is composed of the 2 (two) distinct disciplines of kata and kumite. Within Karate Canada's Senior National Team structure, each of these disciplines is led by a defined head coach. All references to "Head Coach" and their decisional powers in this integrated selection criteria document refer to the discipline-specific Head Coach.

There are three distinct categories of Senior National Team divisions for which athletes may be selected by the accumulation of Karate Canada ranking points: individual kumite, individual kata and team kata. Each of these categories are broken into the gender categories of male and female. Individual kumite is broken further into discrete weight divisions.

Selection onto the male and female team kumite division teams is not achieved thru the accumulation of Karate Canada ranking points. Please see section 6.3.2 for further details.

4.1. Entry to the Senior National Team Roster

Within 5 (five) working days of the conclusion of the 2019 Senior National Karate Championships, a National Team Roster of eligible athletes will be announced. The placement on and ranking of athletes on the roster will be directly related to their status and ranking point total at the conclusion of the 2019 Senior National Championships. If the status and accumulation of performance/ranking points does not clearly determine a single specific athlete, the tie breaking criteria (Section 6.1) will be applied.

The subsequent selection of specific athletes to represent Canada at any KC designated karate competitions during the season will:

- Occur at defined times prior to each competition. See Part II, Table 1 for details.
- Be based on status and accumulated performance/ranking points at the time of the invitation. If the status and accumulation of performance/ranking points does not clearly determine a single specific athlete, the tie breaking criteria (Section 6.1) will be applied.
- Draw only from the National Team Roster at the time of the invitation (except for situations described in sections 4.2 and 4.3 below).
- Depend on the total size of the Team at each event, as determined by Karate Canada's budget and HP Plan, and/or by that specific tournament Organizing Committee's requirements.

4.2. Late Entry to the National Team Roster

If an athlete not originally named to the Senior National Team Roster based on point accumulation at the conclusion of the 2019 Senior National Championships, accumulates enough points at WKF Karate-1 events throughout the year to gain status in a category listed in Section 5.0 below, they will be added to the Senior National Team Roster at the time that their accumulated points make them eligible, without waiting until the next selection period.

4.3. Selection of Athletes to Fill Vacant Spots

If a certain spot or division is left vacant after KC's invitations to the Senior National Team Roster process, the Senior National Team Head Coach may, during the season, exceptionally choose another athlete or other athletes to fill this spot or division.

In such a case, the athlete(s) must be named to the National Team Roster at least 14 (fourteen) days before the beginning of the first event in which they will be selected to compete, must have at least earned a podium result at the most recent KC National Championships in the respective discipline of which the vacant spot has occurred), and will be subject to all other Team requirements. The selection of this (these) athlete(s) must be approved by the High-Performance Committee.

4.4. Citizenship Requirements

Non-Canadian citizens may be named to the National Team Roster and, thereby, earn ranking points at National Championships and at Open tournaments if and only if they are permanent residents. Only upon the attainment of Canadian citizenship will they become eligible to be named to a National Team representing Canada at Pan American Championships or Games, official Intercontinental or World Championships. Non-citizen athletes on the National Team Roster will receive no National Team program funding from Karate Canada and are not eligible for Sport Canada Carding (Athlete Assistance Program).

4.5. Selection of Alternates / Late Replacement Athletes

Karate Canada is under no obligation to select an alternate for either a training camp or an international competition. See section 7.3 for the selection process and criteria for alternates. As

soon as an athlete is named onto a team for a specific competition as an alternate or to fill a vacant spot, he /she immediately becomes a Senior National Team Roster athlete, for the remainder of the season.

4.6. National Team Competitions

Senior National Team Kumite athletes will be invited to compete in specific competitions each season. The list of competitions targeted for the current year will be released as part of the 2019/2020 Senior National Team Training and Competition Calendar addendum before October 31st, 2018. Senior National Team Roster Kumite athletes may also choose to engage in other Open competitions if they so choose; however, no coaching staff, logistical support nor funding will be provided by KC to athletes participating in these self-selected additional tournaments.

Ranking points from self-selected additional competitions will be awarded according to the results in designated competitions as per Part II, Table 1 of this document.

4.7. National, Regional and Inter-Regional Training Camps

In order to remain on the Senior National Team Roster, all invited Senior National Team Roster athletes residing in Ontario or in Quebec must participate in all mandatory Regional and / or ON-QC Inter-Regional Training Camps, if they reside within a 200 km radius from the training camp venue, for Regional Camps, or within a 300 km radius from the training camp venue for Inter-Regional Camps. Athletes living outside of the 300 km perimeter will be exempt from mandatory participation in QC-ON Inter-Regional Training Camps.

Furthermore, in order to remain on the Senior National Team Roster, all invited Senior National Team Roster athletes must participate in all mandatory Regional Training Camps, if they reside within a 200 km radius from the training camp venue. Athletes living outside of this perimeter will be exempt from mandatory participation in Regional Training Camps.

The date(s) and location of each Camp will be announced at least 4 (four) weeks prior to the beginning of each training camp. KC has the right to change the dates and/or location of any of the mandatory camps, or cancel a camp, provided at least 2 (two) weeks notice is given to Senior National Team members.

The forthcoming 2019/2020 Senior National Team Training and Competition Calendar addendum will contain a list of mandatory Regional and/or Inter-Regional camps for the current season (dates and locations remains subject to change). Please note that Karate Canada may add another Regional Training Centre during the season.

Other athletes may be invited to attend Regional and/or Inter-Regional Training Camps as training partners, but this does not mean they are on the Senior National Team Roster.

4.8. Mandatory Events for Carded Athletes

All Carded athletes will be required to participate in designated mandatory National and/or International Competitions and National/International Training Camps. Carded athletes living in either Ontario or Quebec must also attend all Ontario-Quebec Inter- Regional Training Sessions.

The dates and locations of the identified mandatory competitions and national/ international training camps may change from season to season and will be published no later than 6 (six) weeks prior to the beginning of the camp or competition.

The list of mandatory competitions and camps for Sport Canada carded athletes will be included in the forthcoming 2019/2020 Senior National Team Training and Competition Calendar addendum.

Furthermore, all Carded athletes must attend all Regional Training Camps that they are invited to, if they reside within a 200 km radius from the training camp venue. Carded athletes living outside of this perimeter will be exempt from mandatory participation in Regional Training Camps.

Failure to meet the requirements for Carded athletes may result in Karate Canada recommending to Sport Canada that an athlete no longer benefit from AAP support.

5. HOW TO OBTAIN A STATUS

Athletes accumulate points for their performance at the events listed in the forthcoming 2019/2020 Senior National Team Training and Competition Calendar addendum. A status can be obtained according to the following point accumulation:

International A:	600 or more points
International B:	201 to 599 points inclusive
International C:	131 to 200 points inclusive
National A:	75 to 130 points inclusive

5.1. Rules about Status and Ranking Points

- Points will only accumulate in individual kumite, individual kata and team kata divisions.
- An athlete/team must win at least 2 bouts in a competition to be awarded 100% of the points allocated for that competition.
- An athlete/team who obtains a result, with only 1 win in that competition, will be awarded only 50% of the points allocated for that competition.
- If an athlete/team obtains a result with no win, he / she will not be awarded any ranking points.
- A win through a bye and/or absence of an opponent will not be counted as a victory and will not be counted towards point accumulation.
- Points obtained in a division can only be accumulated within that same division and cannot cross-accumulate with other disciplines (i.e. kata and kumite) or divisions (i.e. kumite weight division, individual kata and team kata).

5.2. Strength of Field

To ensure that events in which points can be accumulated are competitive, the following rules will also apply for ranking point accumulation.

Points for all international WKF Karate-1 events will be reduced if the number of elite level competitors (known as the “Strength of Field”) in that competition does not satisfy requirements.

5.2.1. Strength of Field Categories:

- An athlete in Top 8 at the most recent World (WKF) Championships
- An athlete in the Top 5 at the most recent Pan American (PKF) Championships
- An athlete in the Top 5 at the most recent European (EKF) Championships
- An athlete in the Top 5 at the most recent Asian (AKF) Championships
- An athlete in the World Top 20 in the WKF Sport Data rankings

5.2.2. Requirements:

To receive full points for gold at a Karate-1 event, there must be 2 opponents from any one of the 5 “Strength of Field” categories listed above in the athlete’s division at the event. If the division

only includes 1 opponent from any one of the 5 “Strength of Field” categories below, then only 75% of that event’s designated points for gold are awarded. If the division does not include any opponent from any one of the 5 “Strength of Field” categories below, then only 50% of that event’s designated points are awarded.

To receive full points for silver at a Karate-1 event, there must be 2 opponents from any one of the 5 “Strength of Field” categories listed above in the athlete’s division at the event, with at least one such athlete on the athlete’s side (half) of the elimination sheet. If the division only includes 1 opponent from any one of the 5 “Strength of Field” categories below, then 75% of that event’s designated points for silver are awarded. If the division does not include any opponent from any one of the 5 “Strength of Field” categories below, then only 50% of that event’s designated points are awarded.

To receive full points for any other result (below a gold or silver finish) at a Karate-1 event, the athlete must be positioned on the same side (half) of the elimination sheet as at least 2 opponents from any one of the 5 “Strength of Field” categories listed above. If only 1 opponent from any one of the 5 “Strength of Field” categories below is on the same side/ in the same half of the elimination sheet as the athlete, then only 75% of that event’s designated points are awarded. If no opponents from the categories below are on the same side/ in the same half of the elimination sheet as the athlete, then only 50% of that event’s designated points are allocated for that event.

Please note: should performance points earned at a competition be subject to point devaluation both under the Strength of Field criteria above and based on the number of matches won (as per 4.1), Karate Canada will consider the lowest of the two point totals for the competition, and will not devalue the ranking points twice for a same competitive result.

5.3. Duration and Expiration of Points

The start date of an athlete’s points is the finishing date of the event where the athlete achieved the result for which the ranking points were awarded.

An athlete’s ranking points are valid:

- From the end date of a National Championships to the start date of the following (annual) National Championships for points derived from performance at the that specific National Championships.
- From event to event, or 1 year from the closing date of an event if the event doesn’t reoccur within the following season for results obtained at the following events:
 - All Karate 1 Premier League and Series A Competitions
 - Senior Pan American Championships (except for a gold medal result – see below)
 - Senior Pan American Games (except for a gold medal result – see below)
- For 1 year for points derived from a top eight (8) finish at Senior World Championships or World Games.
- From event to event or for two (2) years if the event doesn’t reoccur within the following two (2) seasons for points derived from a medal at the Senior World Championship;
- From event to the next subsequent edition of the same event, or for two (2) years if the event doesn’t reoccur within the following two (2) seasons for points derived from a gold

- medal at the Senior Pan American Championship;
- For two (2) years for points derived from a gold medal at the Senior Pan American Games;

For all ranking point awards that carry for a two (2) year duration, a reduction of 50% will occur on the 1st anniversary of the ranking point award and continue at that reduced amount for the remainder of the second year.

When an Athlete is awarded a Status through the accumulation of points, the Athlete's Status will only last if the points are maintained to keep that athlete within the respective brackets of statuses.

6. SELECTION CRITERIA FOR THE NATIONAL TEAM ROSTER

Sections 6.0 and 6.1 apply to all individual male and female kumite weight divisions, individual male and female kata and male and female team kata.

To become eligible for selection onto National Teams that will participate in Karate Canada sanctioned events throughout the season, athletes/teams will be selected onto the National Team Roster in the following order of priority:

1. International A status-holding athletes;
2. International B status-holding athletes;
3. International C status-holding athletes;
4. National A status-holding athletes;
5. 'Coaches' "Discretionary Selection" athletes – are athletes who may fill open spots, if any, as selected by the Head Coaches.

A public announcement of athlete selected to 2019/2020 Senior National Team Roster will within 5 working days of the conclusion of the 2019 Karate Canada Senior National Championships. Karate Canada and the Head Coaches are under no obligation to fill vacant spots when selecting / naming the National Team Roster.

6.1 Tiebreaking Criteria for Selection onto the Senior National Team Roster

The tiebreaker process for selection onto the National Team Roster will be as follows if two or more athletes hold the same status, or equal number of points:

1. The athlete with the higher total number of current Karate Canada ranking points earned from performance at Senior World (WKF) Championships, Senior Pan American (PKF) Championships and WKF Karate-1 competitions will be selected;
2. If the tie persists, the athlete with the highest total number of matches won at WKF Karate-1 competitions (maximum 2) within the last year will be selected. If an athlete has won matches at more than 2 (two) Karate-1 events, the 2 (two) events with highest totals of matches won will be considered, after applying the Strength of Field Criteria.
3. If the tie persists, the athlete with the highest total number of matches won at the latest Senior Pan American (PKF) Championships will be selected. Matches won at these Championships will also be weighted and valued according to the "Strength of Field" criterion indicated at article 5.2.
4. If the tie persists, the athlete who obtained the best result (in that division) at the 2019 Karate Canada Senior National Championships will be selected. This criterion will only be applicable if all tied athletes in each division have competed in that division at these Championships.
5. If the tie persists, final selection will be decided by the Senior National Team Head Coach and must be approved by the HP Committee.

The naming of an athlete to the National Team designated to attend a specific targeted event will be made in accordance with ranking point accumulation at the time of the selection (see section 7.0).

Unless specified otherwise in this document, selection onto the National Team for a targeted competition will occur no later than 30 (thirty) days before the start of the competition or at specific dates designated in the forthcoming 2019/2020 Senior National Team Training and Competition Calendar addendum.

7. SELECTION CRITERIA FOR NATIONAL TEAM AT SPECIFIC INTERNATIONAL COMPETITIONS

Section 7.0 and 7.1 applies to all individual male and female kumite weight divisions, individual male and female kata and male and female team kata.

To participate in any Karate Canada-sanctioned competitions, athletes will be selected from the National Team Roster (see possible exceptions at 4.5 & 7.3). Selection will occur in the order of priority shown below.

1. International A status-holding athletes;
2. International B status-holding athletes;
3. International C status-holding athletes;
4. National A status-holding athletes;
5. Coaches' Discretionary Selections.

This selection order and criteria does not apply for "development competitions" that do not carry Karate Canada ranking points. Athletes may be selected for participation in these competitions at the discretion of the Head Coach. Athletes must be notified of selection for these events at least 8 (eight) weeks prior to the start of the event.

The size of the team will be based on the number of athletes able to participate in each division at each event. Total team size and athlete quotas in competitive divisions may be set by the COC, WKF, PKF and/or the respective event organizing committee. Total team size may also be restricted due to limitations within Karate Canada's budget.

Once selected to represent Canada at an international event, athletes may be required to participate in a mandatory pre-competition National Training Camp. Public announcement and athlete notification of all mandatory pre-competition training camps will occur following the guidelines presented in this document. The forthcoming 2019/2020 Senior National Team Training and Competition Calendar addendum will contain further details relating to all pre-competition mandatory National Training Camps.

7.1. Tiebreaking Criteria for National Team Selection

When two or more athletes who hold the same status, the tiebreaking process for selection onto the National Team for any specific event will be as follows:

1. The athlete with the higher total number of current Karate Canada ranking points earned from performance at Senior World (WKF) Championships, Senior Pan American (PKF) Championships and WKF Karate-1 competitions will be selected;
2. If the tie persists, the athlete with the highest total number of matches won at WKF Karate-1 competitions (maximum 2) within the last year will be selected. If an athlete has won matches at more than 2 (two) Karate-1 events, the 2 (two) events with highest totals of matches won will be considered, after applying the Strength of Field Criteria.

3. If the tie persists, the athlete with the highest total number of matches won at the latest Senior Pan American (PKF) Championships will be selected. Matches won at these Championships will also be weighted and valued according to the “Strength of Field” criterion indicated at article 5.2.
4. If the tie persists, the athlete who obtained the best result (in that division) at the 2019 Karate Canada Senior National Championships will be selected. This criterion will only be applicable if all tied athletes in each division have competed in that division at these Championships.
5. If the tie persists, final selection will be decided by the Senior National Team Head Coach and must be approved by the HP Committee.

7.2. Athlete Selection for Team Kumite

Selection of athletes participating in Team Kumite events, during international competitions, is at the discretion of the Senior Kumite National Team Head Coach, but selected athletes must meet one of the following criteria: They must either:

- be current National Team Roster athletes, or;
- have participated in kumite at the latest Senior or Junior National Championships, or;
- have been a National Team Roster member in the previous season

The Senior National Team Kumite Head Coach’s selections requires approval by the HP Committee. The Senior National Team Kumite Head Coach may, for Team Kumite only, also select and invite athletes from the Junior National Team Roster, if she / he so chooses. Please note that no Karate Canada ranking points will be allocated for performance in the Team Kumite division.

7.3. Alternates / Late Athlete Replacement

If an athlete selected to attend a specific competition or camp through the process detailed in this document is unable to attend or is declared unable to participate, due to injury, illness or other circumstances, an alternate athlete may be selected to fill the vacant spot. Karate Canada is under no obligation to select an alternate for either a training camp or an international competition, however, if an alternate is chosen the following process will be followed.

7.3.1. Individual Divisions

Should a selected athlete, at any time between the official date of team selection for a specific competition or training camp and the latest possible date on which Karate Canada may modify registrations in said event, have pulled out or have been declared unable to participate, due to injury, illness or other circumstances, that athlete may be replaced by the highest ranked eligible alternate in his or her division, according to the following decreasing priorities:

- International A status-holding athletes;
- International B status-holding athletes;
- International C status-holding athletes;
- National A status-holding athletes

If more than one eligible athlete holds the same status, tie breaking for the selection of alternates in

individual divisions is to follow the Tie Breaking Criteria listed in Section 7.1 above.

The selection of alternates after exhaustion of the priorities listed above is at the discretion of the Senior National Team Head Coach, but selected athletes must either be current National Team Roster members or must have participated in the latest National Championships. Selection of alternates by the National Team Head Coach must also be approved by the HP Committee. As soon as an athlete is named onto a team for a specific competition as an alternate or to fill a vacant spot, he /she immediately becomes a Senior National Team Roster athlete, for the remainder of the season.

7.3.2. Team Kumite

The selection of alternates in Team Kumite divisions is at the discretion of the Senior National Team Kumite Head Coach, but selected athletes must meet one of the following criteria:

They must either:

- be current National Team Roster athletes, or;
- have participated in the latest National Championships, or;
- have been a National Team Roster member in the previous season

Selection of alternates by the National Team Head Coach must be approved by the HP Committee. As soon as an athlete is named onto a team for a specific competition as an alternate or to fill a vacant spot, he /she immediately becomes a Senior National Team Roster athlete, for the remainder of the season. Please note that no Karate Canada ranking points will be allocated for performance in the Team Kumite division.

7.3.3. Team Kata

The selection of alternates (for replacement of an athlete due to injury or who has decided to retire or withdraw from the team willingly), in Team Kata divisions, can be recommended by the remaining kata team members (athletes) themselves, but must be approved by the Senior National Team Kata Head Coach and by the HP Committee. Not more than one alternate may be selected per kata team.

As soon as an athlete is named onto a team for a specific competition as an alternate or to fill a vacant spot, he /she immediately becomes a Senior National Team Roster athlete, for the remainder of the season.

8. REQUIREMENTS, EXEMPTIONS AND APPEALS

8.1. Requirements

To remain on the National Team roster each athlete must:

- Sign and adhere to the Karate Canada Athlete Agreement.
- Have and maintain a valid Canadian passport or be actively in the process of obtaining Canadian citizenship (as outlined in Section 4.4 above).
- Pay the required annual Senior National Team Package Fee in full and on time.
- Participate in all mandatory training camps individually required of them unless an exemption has been granted.
- Make weight for Kumite divisions. Failure to make weight at a mandatory competition will result in revocation of athlete funding, if any. For carded athletes, failure to make weight is considered a breach of their Carding agreement.
- Be within at least 5 % of target weight (i.e. the upper or lower weight limit of the division in which the athlete will be competing) no later than 4 (four) weeks from the competition in which the athlete is selected to compete.
- Demonstrate an appropriate maintenance of fitness and health level consistent with a high-performance athlete on a National Karate Team. The Head Coach may call for an independent fitness or health assessment in cases of concern about fitness and health.
- Always report any performance limiting injuries or physical conditions to the National Head Coach, no later than 2 (two) weeks prior to the next upcoming camp or competition, or within 1 (one) week of the occurrence of the illness or injury,
- Provide appropriate medical information on the injury and on its treatment. This includes diagnosis and proposed treatment protocol and estimated return to full training and/or competition.
- Keep the National Team Head Coach informed on the progress of their recovery plan and progress according to that plan.
- Provide an accurate mailing address, an active e-mail address and all phone numbers at which they can be reached. Any changes must be sent to the Karate Canada Head Office in a timely manner.

Note: it is an athlete's responsibility to update Karate Canada of any change to all relevant addresses for communication of important data. Karate Canada is not responsible for missed deadlines or failure to comply by an athlete if information is sent to an incorrect or inactive address(es) if Karate Canada was not notified of such changes.

8.2. Exemptions from National Team Camps or Competitions

Exemptions from mandatory national team activities due to exceptional circumstances may include, but are not limited to (also see Appendix B):

- Recent death in the immediate family (within 1 (one) month prior to the start of the Camp or Competition);
- Injury limiting participation and/or performance;
- Pregnancy; or
- Infectious disease

Requests must be made as soon as reasonably possible after the issue arises but no later than 24 (twenty-four) hours after the start of the event / activity, by notification in writing to the Karate Canada Head Office. Notification of such an event must include details of the circumstances along with any supporting evidence scanned and/or emailed to the Karate Canada Head Office.

In the cases of injury, disease or other performance-limiting physical condition, the athlete must include a medical certificate indicating the specific problem, its severity and the estimated recovery time. Karate Canada has the right to seek its own medical opinion before rendering its final decision.

IMPORTANT: An athlete who has sustained an injury must be present at all mandatory training camps unless the ability to receive appropriate medical treatment for that injury precludes that athlete from attending, or unless waived by the National Team Head Coach.

An athlete whose condition persists and is unable to undergo full training during the 2 (two)-week period prior to an event may be withdrawn by Karate Canada from the team representing Canada at that event.

Karate Canada will accept or reject all requests for exemptions and deliver its decision in writing within a reasonable time following receipt of request for exemption. Such decisions will be final and without appeal.

8.3. Participation in Domestic Events

Participation at Domestic competitions (other than National Championships and Training Camps announced in these Criteria) will be mandatory only if Karate Canada, or the event's organizing committee, covers the full costs of travel and accommodation, and if notice is given to the athlete at least 8 (eight) weeks notice prior to the start of the event.

Exemptions to mandatory participation will be considered by the National Team Head Coach based on the same criteria contained in section 8.2 above.

8.4. Appeals

Appeals regarding team selection are limited to the incorrect application of criteria or development of new and previously unknown information relevant to the appeal. For any appeal, please refer to the Karate Canada's Appeal Policy.

8.5. Language

Where / when there is a difference in interpretation between French and English versions of this document, the English version shall prevail.

PART II- RANKING POINT ALLOCATIONS

An addendum detailing all 2019/2020 Senior National Team camps and competitions will be released by October 31st, 2019. This addendum will contain:

- A table of targeted competitions and camps for National Team Roster athletes
- A table of targeted competitions and camps for Sport Canada cared athletes.
- A table of mandatory regional and interregional training camps for National Team Roster athletes.

In general, the 2019/2020 Senior National Team Training and Competition Calendar will contain:

- The 2020 Canadian Senior National Championships
- The 2019 Pan-American Karate Championships
- The Lima 2019 Pan-American Games Qualifying Competition
- The Lima 2019 Pan-American Games Karate Event
- Approximately three WKF Karate 1 Premier League competitions
- The WKF Karate 1 Series A competition in Montreal, QC
- Approximately three Quebec-Ontario Inter-Regional National Team Training Camps
- Approximately four Regional National Team Training Camps in each of British Columbia, Ontario, Quebec and the Atlantic regions

Table 1: Point allocation for performances during the 2019-2020 season

A- Priority	B-Event	C- Team Selection Dates	D- Eligibility	E- Performance	G- Points	F-Duration / Expiry
1	2019 Lima Pan American Games* (Continental)	April 10 th 2019	Athletes are qualified through defined PASO/PKF process*	Gold	600	2 Years after points earned. Points are reduced by 50% in the 2 nd year of possession.
				Silver	420	1 year after points earned
				Bronze	240	
2	2019 PKF Senior Pan American Championships (Continental)	Within 5 working days of the 2019 Senior National Championships	Selected athletes (2 spots per individual division) – must be Canadian citizens	Gold	600	From event to the 2 nd subsequent edition of the same event, or 2 years if the 2 nd subsequent edition of the event does not reoccur within the following 2 seasons. Points are reduced by 50% in the 2 nd year of possession.
				Silver	420	From event to event or 1 year if the event does not reoccur within the following season
				Bronze	240	
3	All WKF Karate 1 Premier League events held between the 2019 Senior National Championships at the 2020 Senior National Championships. (International) **	-	(top 100 in WKF World Ranking, with priority to top 50 at time of registration)	Gold	600	From event to event or 1 year if the event does not reoccur within the following season
				Silver	420	
				Bronze	240	
				5 th place	120	
				7 th place	60	
				Every match won (if not at least 7 th) ****	10	

4	All WKF Karate 1 Series A events held between the 2019 Senior National Championships at the 2020 Senior National Championships (International) **	-	Open events.	Gold	300	From event to event or 1 year if the event does not reoccur within the following season
				Silver	210	
				Bronze	120	
				5 th place	90	
				7 th place	60	
				Every match won (if not at least 7 th) ****	5	
5	2019 KC Senior National Championships (Domestic)***	-	Provincial / Territorial Team members only – see Event Information Bulletin for details.	Gold	100	From event to event or 1 year if the event does not reoccur within the following season
				Silver	70	
				Bronze (3 rd place)	40	
				Bronze (4 th place)	30	

(NOTE: Points contingent on Strength of Field as per Section 5.2 of Selection Criteria)

* Lima PAG qualification process can be found at:

http://karatecanada.org/wp-content/uploads/2018/06/Karate_2019Lima_PAG_QualificationSystem.pdf

Full athlete ranking points listed in the Table above will only be considered and accumulated toward a status from the best performance (result) at either the 2019 Pan Am Games or the 2019 Senior Pan American Championships. If an athlete medals at both events, full value points will be awarded for the best / highest result, while 50% of the point value listed in the table above will also be awarded for the lower of the two results.

** All WKF Karate-1 Premier League and Series A competitions occurring between the conclusion of the 2019 Senior National Championships and the start of the 2020 Senior National Championships will be considered for ranking point accumulation; however, athlete ranking points will only be accumulated toward a status from their two (2) best Karate-1 performances from this period. Senior athletes who are not named onto the Senior National Team Roster for the 2019-2020 season at the conclusion of the 2019 Senior National Championships may still earn performance points and statuses at these international events.

It is these athletes' responsibility to provide Karate Canada with proof of the results obtained within 30 (thirty) days of the completion of the event where these points were earned.

*** Participation in the 2019 National Championships will be mandatory for any athlete to be invited for possible selection onto the Senior National Team Roster for the following competitive season – unless otherwise exempted (see Appendix A).

**** All rules about Status and Points mentioned in Section 5 also apply to points for matches won (see sections 4.1 & 4.2 especially).

Table 2: Funding ratios for athletes on the National Senior Team invited to compete at international competitions for the 2019-2020 season

Status	Points	Ratio
International A	600 or more	1.5 : 1
International B	201 – 599	1 : 1
International C	131 – 200	None
National A	75 – 130	None

Based on its budgets per event, Karate Canada may distribute additional funding to athletes participating in multiple divisions.

(*= Whenever funding is available, and in individual divisions only. Based on Karate Canada’s available funds and overall budget for each event. This does not include enhanced / top-up targeted support available through the Team 2020 program.)

Upgrades in the status of athletes may be considered for athlete funding purposes after team selection for an event has occurred. The date on which statuses are to be considered for funding for an event will be at the discretion of Karate Canada.

APPENDIX A:

RULES FOR EXEMPTIONS FROM THE 2020 SENIOR NATIONAL CHAMPIONSHIPS & NATIONAL TRAINING CAMPS FOR WKF TOP-RANKED CANADIAN ATHLETES

As part of the qualification process towards participation in the 2020 Olympic Games, it is expected that athletes' international ranking point totals and WKF Olympic Standings will be of great importance. Consequently, Karate Canada deems it imperative to adopt National Team selection rules and criteria that will not hinder its top-ranked athletes in their efforts to earn and accumulate additional WKF Olympic Standings points, through performance at key international events.

In accordance with the current organization rules for the WKF Premier League Karate-1 events, only athletes whose standing is amongst the top 50 of their Senior division, in the WKF rankings, will be assured of the opportunity to participate in these competitions, where results will yield a very high WKF and Olympic Standing point value. Furthermore, as of the start of the Tokyo Olympic Qualification period (July 2nd, 2018), results at WKF Series A Karate-1 will also yield a significant WKF and Olympic Standing point value.

2020 NATIONAL CHAMPIONSHIPS:

In aligning with these rules, and while participation in the National Championships is normally a requirement for eligibility towards selection onto the National Team Roster for the ensuing season, Karate Canada will exempt all athletes who meet all three of the following conditions from mandatory participation in the 2020 National Championships, and these athletes will remain eligible for nomination to the 2020/2021 Senior Team Roster.

1. The athlete is taking part in a WKF Karate-1 Premier League or Series A event occurring within two weeks (14 days) of any of the dates of the 2020 Senior National Championships.
2. The athlete is in the top 50 of the WKF Olympic Standing of his / her Senior division at the time of the opening of registration for this WKF Karate-1 Premier League or Series A event;
3. The athlete is a member in good standing of the National Team Roster at the time of his / her registration in this WKF Karate-1 Premier League or Series A event.

To further ensure that these top-ranked athletes are not penalized by their pursuit of international ranking points and by their efforts towards qualifying for the Tokyo 2020 Olympic Games, all athletes benefiting from the exemption mentioned above will also be awarded the KC

ranking point amounts listed below (in accordance with the point value reflected in the appropriate season's Senior National Team Criteria):

- a) KC ranking points for results (matches won and podium placement) at the WKF Karate-1 Premier League or Series A event occurring within two (2) weeks (14 days) of any of the dates of the 2020 Senior National Championships,

AND

- b) An amount of KC ranking points equivalent to that being awarded to medalists of the 2020 Senior National Championships, as follows:
 - i) for athletes ranked in the top 25 of their Senior division's WKF Olympic Standing at the time of the opening of registration for this WKF Karate-1 Premier League or Series A event: KC ranking points equivalent to that being awarded to gold medalists of the 2020 Senior National Championships;
 - ii) for athletes ranked between the top 26 and top 50 of their Senior division's WKF Olympic Standing at the time of the opening of registration for this WKF Karate-1 Premier League or Series A event: KC ranking points equivalent to that being awarded to silver medalists of the 2020 Senior National Championships

Please note: if the athlete participates in more than one WKF Karate-1 Premier League and / or Series A event occurring within two weeks (14 days) of any of the dates of the 2020 Senior National Championships, while they may earn more KC ranking points for their results at these different WKF Karate-1 Premier League and / or Series A events, they may only be awarded the amount of KC ranking points equivalent to that being awarded to gold or silver medalists of the 2020 Senior National Championships (depending on their WKF Olympic standing) once, if applicable.

Please also note: in order to benefit from the automatic awarding of points equivalent to a gold or silver medal at the 2020 Senior National Championships, athletes eligible to benefit from this exemption (and therefore competing at a Karate-1 Premier League or Series A event within two weeks (14 days) of any of the dates of the 2020 Senior National Championships) may not compete at the 2020 Senior National Championships in the individual divisions in which they will also compete at the adjacent Karate-1 Premier League or Series A event. Should eligible athletes choose to compete at the 2020 Senior National Championships in those individual divisions, they will forfeit access to this exemption and therefore also to any linked benefit such as the guaranteed awarding of KC ranking points equivalent to a gold or silver medal at the 2020 Senior National Championships in those divisions.

APPENDIX B: AUTOMATIC INVITATIONS TO THE 2020 SENIOR NATIONAL CHAMPIONSHIPS

Please note that Karate Canada will automatically invite athletes that meet one (1) of the following five (5) criteria to the 2020 Senior National Championships:

1. All Senior athletes holding a status (International A, B or C or National A) on at the conclusion of the 2019 Karate Canada Summit regardless of any change in weight division within Senior kumite divisions.
2. All gold and silver medalists from the previous (2019) Junior National Championships in the U21 kata and kumite divisions.
3. All gold medalists from the previous (2019) Junior National Championships in Junior kata and kumite divisions who are age-eligible for inclusion in the Senior National Championship divisions.
4. All gold medalists from the previous (2019) Junior National Championships in Cadet kata divisions who are age-eligible for inclusion in the Senior National Championship divisions.
5. Age-eligible Junior National Team Roster athletes from the U21, Junior and Cadet (kata only) divisions who, during the 2018-2019 Karate Canada season, achieved:
 - a. a 5th place or higher in a 2019 WKF Youth League event or in the 2019 Junior Pan-American Karate Championship
 - b. a 7th placed or higher at the 2019 edition of the Junior World Championships

Automatic invitations to the 2020 Senior National Championships, according to the above 5 points, will only apply to the discipline division in which the medal or rank was earned. That is, athletes automatically invited to compete in kata are not automatically invited to compete in kumite, and vice versa.

All automatically invited athletes must still meet team eligibility requirements set by their respective PTSO (i.e. participation in provincial selection tournaments and / or training sessions, etc.)

Automatically invited Kumite athletes may register in any single weight division at the 2020 Senior National Championships regardless of the division in which they achieved their automatic invitation status.

Additionally, all automatically invited athletes must be active and current members in good standing of the National Team Roster, according to Karate Canada's National Team

Head Coaches and in accordance with published National Team Criteria or at the conclusion of the 2019 Summit or on October 1st, 2019 whichever date is the latter.