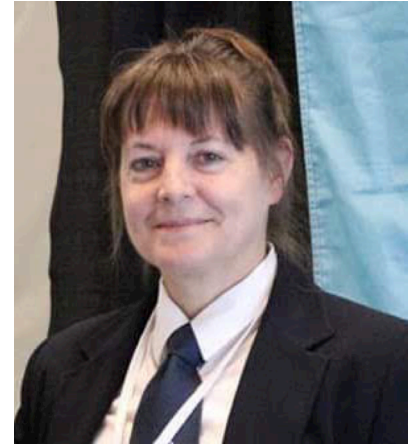


**NOMINEE (FOR ELECTION OF DIRECTORS AT 2020 AGM):**

**MS. DONNA GARDECKI**, M.Sc., BPe., RYT



**POSITION SOUGHT:**  
DIRECTOR AT LARGE

**PLATFORM / BIO:**

Since 2008, I have successfully run a full time dojo in the TriCities (West Coast Gojukai). For the past 30 years, I have been teaching karate and been chief instructor of my own dojo. Competitively, I have international experience through my home association (Bronze at World's in Brazil in 1998) and have gold medalled at the Karate Canada Nationals in Master's Kata (when we still had Master's divisions) and also medalled at Provincial Championships several times.

I currently hold 6 dan rank in IKGA and 5<sup>th</sup> dan with Karate Canada. Over the years, I have ranked also in Kokodo Jujutsu (5 dan), Kobudo (2 dan) and incidentally, am a certified Yoga teacher. I teach all of these at my dojo throughout the year. As an adjunct to my karate teaching, I run my own successful business as a Rehabilitation Therapist and have done so since 1993.

The NCCP (National Coaching Certification Program) has been a thread in my life since my university days where I first got my training and moved on to facilitation. I continue to be an active facilitator for Karate Canada and value this program for coach education.

As a white belt back at University, and a new member of Karate Alberta, I was 'convinced' into becoming President of our University Karate Club and so began my involvement in helping the Karate club become bigger, better and more useful to the members. After graduating, leaving University, spending one year training in Japan, I came back to Canada and settled in BC. Since 1991, I have been a member of Karate BC. In the past 5 years, I have moved onto the board of directors for Karate BC as member at large and currently First Vice President. An association like ours exists to serve the membership to which we are accountable.

My work with the National Association, should I get elected, will be to serve in the best of my capacity. I bring my enthusiasm, my integrity and my drive to this job and look forward to helping our organization grow.