



# 2022 SENIOR NATIONAL TEAM TRIALS

**FEBRUARY 19-20**

**CALGARY • ALBERTA**



**HYATT  
REGENCY**  
CALGARY



SPORT PARTNER  
PARTENAIRE SPORTIF



[KARATECANADA.ORG](http://KARATECANADA.ORG)

## GREETINGS FROM KARATE CANADA!

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The purpose of this information bulletin is to assist PTSOs in their planning process by providing an overview of the event and outlining requirements for participation.

Covid-19 has forced us to reimagine what this event will look like, with the safety of all participants being paramount. Please take time to read our covid protocols section to see what changes have been implemented for this event.

With that in mind, please know that we are here to offer you the best experience possible and ask for your patience and understanding as we navigate new these new processes.

I welcome you to reach out to me at [cheryl.tataryn@karatacanada.org](mailto:cheryl.tataryn@karatacanada.org) if you have any logistical questions regarding the event. Technical questions can be directed to [rodney.hobson@karatecanada.org](mailto:rodney.hobson@karatecanada.org).

Looking forward to seeing everyone again!

Best wishes,



Cheryl Tataryn  
Events Manager  
Karate Canada

## A WORD OF WELCOME FROM KARATE CANADA'S PRESIDENT

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Dear Friends in Karate,

As the pandemic situation in Canada starts to improve, many sports are making a return to competition after a long absence. This is true for Karate Canada and the World and Continental federations as well. The World Karate Federation has announced that the Senior World Championships will go ahead in Dubai this November.



This year the National Championships scheduled for St. John's NL in July had to be canceled, but we still plan to go to St. John's for the 2022 National Championships over the same Canada Day weekend timeframe. In the meantime, we are faced with having to choose a team to attend the 2021 WKF and May 2022 PKF Senior Championships.

As Karate Canada has not held a competition since 2019 it is an almost impossible task to choose a full team without allowing the athletes to compete. In lieu of a National Championship, Karate Canada will instead hold a National Team Trial event for the sole purpose of selecting a senior team roster prior to the 2022 National Championship.

To hold this event in Calgary will take a great deal of cooperation and understanding from all involved. There will be extra protocols due to Covid. Your PTSO will have a very difficult timeline to try to choose athletes to attend. Referees, coaches, staff, and volunteers will all need to work extra hard to create a safe environment for all of us.

One of the lines of a doju kun that I still recite on occasion is "should create a sense of solidarity on the basis of mutual support". Knowing our community as I do, I have no doubt that we can make the Team Trials a safe, effective, and collegial event.

Stay safe, stay strong,

A handwritten signature in blue ink, which appears to read "Craig Vokey". The signature is fluid and cursive.

Craig Vokey  
President, Karate Canada

## A WORD OF WELCOME FROM KARATE ALBERTA'S PRESIDENT

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Welcome to all athletes, coaches, officials, KC staff, PTSO Presidents, volunteers and virtual family and friends.

On behalf of the Karate Alberta membership and the board of directors I would like to welcome everyone to the beautiful City of Calgary, gateway to the Rocky Mountains. This tournament will be hosted at the Telus Convention Centre in downtown Calgary. The City of Calgary and Karate Alberta acknowledges the traditional territories of the people of the Treaty 7 region in Southern Alberta, in the Blackfoot Confederacy, which includes the Tsuut'ina, the Stoney Nakoda, the Piikani, the Kainai, and the Siksika Nations. The City of Calgary is also home to Métis Nation of Alberta, Region III. The convention centre is on land where the Bow River and Elbow River meet, the traditional Blackfoot name of this place is "Mohkinstsis".



We have not seen each other since Edmonton in 2019. We were so close to the Senior Tournament in 2020 when our lives were altered due to the pandemic and then again in September 2021. It has been extremely challenging for everyone in their school, arts, work and athletic life to deal with the complications this past year and a half. I would like to recognize the perseverance, dedication, and resiliency of all the athletes, coaches, officials, volunteers, staff, family and friends during this lengthy time off from karate and competition. While we may not see everyone at this event it will be a great way to 'kick' start the excitement of competition again.

Some of our senior athletes, coaches and officials have had the opportunity to represent Canada at the Olympics, Pan American Senior championships and the Senior World championships. I am optimistic that our athletes, officials, and coaches will be inspired by these events and regain their passion for competition at these 2022 Senior Team Trials.

Lastly, I wish all athletes, coaches, officials and volunteers a safe and inspiring event.

Yours truly,

A handwritten signature in black ink that reads "Heather Fidyk".

Heather Fidyk  
President, Karate Alberta

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# 1. GENERAL EVENT INFORMATION

## 1.1 DATES

Competition dates: February 19th-20th 2022

## 1.2 VENUE

[Calgary TELUS Convention Centre](#)  
136 8 Ave SE, Calgary, AB T2G 0K6

## 1.3 LIVE STREAMING

Karate Canada will be offering live streaming for this event. Stay tuned to social media/website postings for more information.

**PLEASE NOTE:** As part of our COVID-19 protocol, which is for the protection of all participants, spectators will not be permitted in the competition area.

## 1.4 COVID-19 RISK MITIGATION MEASURES

At the time of publishing this bulletin, Alberta Public Health's COVID-19-related restrictions do allow for the competition to take place.

The safety and well-being of all participants of this event is paramount. As such, Karate Canada has been consulting regularly with medical experts to establish a protocol that will ensure adequate and reasonable hygiene and safety measures to mitigate the risks of transmission of COVID-19 during this event.

Measures will include full adherence to all Alberta Public Health restrictions in place at the time of the competition. Up to date restrictions can be found here: [COVID-19 public health actions | Alberta.ca](#)

Additionally, Karate Canada mandates:

- All participants including, athletes, coaches, officials, KC staff, PTSO representatives, volunteers, and third parties associated with the event must show proof of double vaccination, with the second vaccine being administered no later than Wednesday, February 2, 2022.
- Wearing of masks in all public spaces, with the exception of:
  - engaging in formal training and competition
  - eating/drinking



- All team trainings, weigh-ins and team registrations will be scheduled and staggered to reduce congregating.
- All participants including, athletes, coaches, officials, and any/all PTSO representatives will have a COVID-19 rapid antigen test conducted at the time of their respective province's team registration. It is the participant's responsibility to confirm this date/time with their team manager.
- The Opening Ceremonies will be limited to one athlete per province as flag bearer. You can collect your provincial flag and pole during your team's scheduled registration period.
- Medal presentations will take place shortly after winners are determined. One team representative per winning province will be permitted in the competition area for the purposes of photo taking. NOTE: A professional photographer has been contracted for this event and all PTSOs will have access to these photos.
- Volunteers and third-party vendors, such as live streaming personnel, will have a COVID-19 rapid antigen test conducted prior to the beginning their volunteer/contractual duties.

To support these measures, Karate Canada will ensure the provision of additional hygiene measures including hand sanitizing stations as well as the frequent disinfecting of training and competition areas.

We thank all participants in advance for their cooperation, as your support will be essential for the success of this event.

## **1.5 OUT-OF-PROVINCE INSURANCE - RECOMMENDATION**

COVID-19 continues to be an exceptional situation. As such, Karate Canada strongly recommends that all participants ensure they have out-of-province travel insurance to protect themselves should they need medical care or require an extended stay as a result of Covid exposure.

## 1.6 PRIMARY CONTACTS

### Non-Technical Event Support

Cheryl Tataryn  
KC Event Manager  
Email: [cheryl.tataryn@karatecanada.org](mailto:cheryl.tataryn@karatecanada.org)  
Tel: 613-859-3433

Gillian Benson  
KC Logistics and Gender Equity – Medical Forms  
Email: [gillian.benson@karatecanada.org](mailto:gillian.benson@karatecanada.org)

### Technical Event Support

Jojo (Eugenio) Fontanilla  
Tournament Director  
Email: [efontanilla73@gmail.com](mailto:efontanilla73@gmail.com)

Rodney Hobson  
Karate Canada, High-Performance Committee Chair  
Email: [rodney.hobson@karatecanada.org](mailto:rodney.hobson@karatecanada.org)

## **2. NATIONAL COMPETITIONS CITIZENSHIP REQUIREMENTS AND ELIGIBILITY POLICY**

Karate Canada wishes to remind all registrants of its current "National Championships (Competitions) Citizenship Requirements and Eligibility Policy", as stated below, and which will also apply to the 2022 Senior National Team Trials event:

### **2.1 DEFINITIONS**

The following terms have these meanings in this Policy:

- a) "Days" – Days irrespective of weekends and holidays.
- b) "Participant"- Any individual who is registered as an athlete with a provincial or territorial karate association that is a member in good standing of Karate Canada.

### **2.2 PURPOSE**

The purpose of this Policy is to determine Participant eligibility for participation in Karate Canada's National Championships

### **2.3 APPLICATION OF THIS POLICY**

This Policy applies to all Participants defined in the Definitions.

This Policy only applies to eligibility matters that may arise before the National Championships.

Eligibility matters arising within the competition or events organized by entities other than Karate Canada, including its member associations, will be dealt with pursuant to the policies of those other entities unless requested and accepted by Karate Canada at its sole discretion.

### **2.4 ELIGIBILITY**

Participants may only participate in National Championships if they meet the following requirement: The Participant is a Canadian citizen or a permanent resident of Canada.

### **2.5 PROVIDING PROOF OF ELIGIBILITY**

All Participants will be required to provide proof of the eligibility requirement listed in Section 6 at the National Championships' on-site accreditation (ID pick up), on the days preceding the start of the competition. Such proof will consist in either one of the following:

- Valid Canadian passport
- Canadian citizenship certificate
- Canadian citizenship card
- Birth certificate from a Canadian province or territory,
- Canadian Permanent Resident card

After reviewing all applicable evidence, the Executive Director, or designate, will determine whether or not the Participant is deemed eligible in accordance with this Policy. If the Participant is deemed non- eligible, he /she may not take part in the competition.

Participants who give incorrect or misleading information may be disciplined in accordance with Karate Canada's Discipline and Complaints Policy.

## **2.6 APPEALS PROCEDURE**

The decision of the Executive Director, or designate, may be appealed in accordance with Karate Canada's Appeal Policy

### 3. **AUTOMATIC INVITATIONS TO THE 2022 SENIOR NATIONAL TEAM TRIALS**

Please note that Karate Canada will automatically invite athletes that meet one (1) of the following four (4) criteria and are age-eligible to the 2022 Senior National Team Trials:

1. All Senior athletes holding a status (International A, B or C or National A), regardless of any change in weight division within Senior kumite divisions, as of January 1st, 2022.
2. The two top-ranked Junior National Team Roster athletes in each individual division regardless of any change in age or weight divisions within Junior National Championships divisions (Youth, Cadet, Junior and U21), as of January 1st, 2022
3. All medalists from the 2019 Junior and Senior National Championships regardless of any change in age or weight divisions. National Championships results in the Team Kumite divisions are excluded from this criterion.
4. Junior National Team Roster athletes from the U21, Junior, Cadet and Youth divisions who achieved:
  - a. a 5th place or higher in a 2019 or 2020 WKF Youth League event
  - b. a 5th place or higher at the 2019 Junior Pan American Karate Championships in individual divisions, or
  - c. a 7th place or higher at the 2019 Junior World Championships.

According to the above 4 points, automatic invitations will only apply to the discipline (individual kata or individual kumite) in which the result was earned. Athletes automatically invited to compete in individual kata are not automatically invited to compete in individual kumite, and vice versa.

All automatically invited athletes must still meet team eligibility requirements set by their respective PTSO (i.e. participation in provincial selection tournaments and/or training sessions, etc.)

Automatically invited Kumite athletes may register in any single weight division regardless of the division in which they achieved their automatic invitation status.

Additionally, all automatically invited athletes must have been active and current members in National Team Roster's good standing as of January 1st, 2022,

according to Karate Canada's National Team Head Coaches and following published National Team Criteria.

Note: A list of athletes who have been automatically invited has been provided to PTSOs and will soon be made available on Karate Canada's website.

## **4. COMPETITOR ELIGIBILITY GUIDELINES**

All participants must be members of their provincial or territorial karate Associations and Teams (declared and paid to Karate Canada), and participants may only be pre-registered online through their PTSO's Team Manager or designated representative.

Please note: All current Senior National Team Roster kumite athletes must participate as members of their respective Provincial / Territorial Teams, in both individual and team divisions, and must be deemed eligible for participation according to their provincial/territorial requirements.

### **4.1 MAXIMUM NUMBER OF ENTRANTS**

#### **4.1.1. Individual Kumite**

Each Province/Territory is permitted to send a maximum of three (3) competitors per individual division, in addition to all automatically invited athletes. \*Automatically invited athletes must still meet team eligibility requirements set by their respective PTSO (in terms of participation in provincial selection tournaments and/or trainings, etc.).

#### **4.1.2. Team Kumite**

At this time, Karate Canada does not plan to offer PTSOs the option to register athletes in team kumite divisions for this competition. The event will only feature individual divisions in kumite.

#### **4.1.3. Individual Kata**

Each Province/Territory is permitted to send a maximum of four (4) competitors per individual division, in addition to all automatically invited athletes. These automatically invited athletes must still meet team eligibility requirements set by their respective PTSO (in terms of participation in provincial selection tournaments and/or trainings, etc.).

#### **4.1.4. Team Kata**

Each Province/Territory is permitted to send a maximum of one (1) kata team.

Additionally, Karate Canada will accept registrations of Senior kata teams comprised of athletes from different PTSOs (all details regarding the registration process for such teams will be provided in



later versions of this bulletin).

**\*\*\*IMPORTANT:** 2022 membership fees from each PTSO must have been paid in full and all required registrant information must have been provided to the Karate Canada office prior to the start of competition, in order for individual participant registrations of athletes and coaches from that Province / Territory to be considered valid.

#### **4.1.5. Para-Karate**

Each Province/Territory is permitted to send a maximum of four (4) competitors per individual division, in addition to all automatically invited athletes. Automatically invited athletes must still meet team eligibility requirements set by their respective PTSO (in terms of participation in provincial selection tournaments and/or trainings, etc.).

## 5. MANDATORY EQUIPMENT

### 5.1 KARATE-GI

In alignment with current WKF rules of competition, please note that karate-gis including colored embroidery on the shoulders will be permitted in ALL divisions (kata and kumite) at the 2022 Karate Canada Senior National Team Trials.

The wearing of karate-gis featuring blue, red or white shoulder embroidery by competitors will therefore be accepted. The wearing of karate-gis featuring gold shoulder embroidery is only permitted for current, reigning WKF world champions, where applicable (no other color will be permitted). (Examples of red colour shoulder embroidery)



### 5.2 BODY PROTECTOR

The use of approved body protectors is mandatory for all kumite participants.

### 5.3 GROIN CUP / PROTECTOR

Mandatory for all male kumite athletes.

### 5.4 MASK

The use of facemasks is not permitted.

### 5.5 GLOVES

Participants must have both a blue and a red pair of gloves / hand protectors.

## **5.6 FOOT AND SHIN PROTECTORS**

Participants must have both a blue and a red pair of foot and shin protectors.

## **5.7 MOUTH GUARD**

Mandatory for all kumite athletes.

All equipment (including uniforms / gis) must perform like current WKF equipment, but it is not mandatory to be WKF-branded equipment. WKF-branded equipment will not be refused at the 2022 Senior National Team Trials.

## 6. COACH ELIGIBILITY GUIDELINES

All participants must be members of their provincial or territorial karate Associations and Teams, and participants may only be pre-registered online through their PTSO's Team Manager or designated representative.

### **NCCP requirements:**

All NCCP (National Coaching Certification Program) training and certification requirements that will be in effect at this event can be found at Appendix 6 (requirements vary based on the number of Coaches per Provincial / Territorial Team).

Any higher NCCP level of training or certification than those listed in Appendix 6 will of course also be considered as valid. Karate Canada will verify all coach NCCP credentials and records via 'The Locker' (the Coaching Association of Canada's online database) after the registration deadline, and prior to the start of the competition. Extenuating circumstances for not satisfying the established requirements may be considered by Karate Canada, on an exceptional basis and with proper justification.

### **Recommendations for PTSOs from the NCCP Committee:**

- Provincial/Territorial Karate organizations should verify Locker transcripts of their coaches to determine any gap in training and certification.
- Over the next 2 months, the NCCP committee can support PTSOs in scheduling and delivering any online sport-specific modules required.

## 7. AGE ELIGIBILITY

Please note the following information pertaining to age eligibility of participants in the 2022 Karate Canada Senior National Team Trials:

### 7.1 KUMITE

Athletes aged 18 years old and older may compete in Senior individual divisions.

17-year old athletes may also register to compete in this event provided they will be of the correct age to compete in Seniors (turn 18 before or) on the first day of the 2022 Senior Pan American (PKF) Karate Championships (expected to be May 26th 2022). See Age Eligibility Matrix in [Appendix 5](#).

Participants must be aware that unless they are of age to compete in the Senior division at key international events taking place during the 2021-2022 season (on the dates of these events, such as the 2022 Senior Pan American (PKF) Karate Championships, they may NOT represent Canada (in such divisions) at these competitions.

### 7.2 KATA

Athletes aged 16 years old and older may compete in individual in Senior individual and Senior team divisions (including para-karate divisions). (Please note that the minimum age for Senior individual and Senior team kata at international events is 16.)

15-year-old athletes may also compete in this event provided they will be of the correct age to compete in Seniors (turn 16 before or) on the first day of the 2022 Senior Pan American (PKF) Karate Championships (expected to be May 26th 2022). See Age Eligibility Matrix in [Appendix 5](#).

Participants must be aware that unless they are of age to compete in a Senior division at key international events taking place during the 2021-2022 season (on the dates of these events, such as the 2021 and 2022 Senior Pan American (PKF) Karate Championships, as well as the 2021 Senior World (WKF) Karate Championships), they may NOT represent Canada (in such divisions) at these competitions.

## **8. REFEREE / OFFICIALS' ELIGIBILITY CRITERIA**

Karate Canada will only accept registration of officials meeting the following criteria for the 2022 Karate Canada Senior National Team Trials:

- a) Current international (WKF or PKF) license holder (judge and/or referee) or
- b) Current Karate Canada National License A holder (judge and/or referee)

(Please note: Karate Canada will provide support to its member Provincial and Territorial Associations by reimbursing lodging fees for eligible officials at this event, on a double occupancy basis and for specific dates. Further details will be communicated and shared directly with member PTSOs...)

## 9. ONLINE PRE-REGISTRATION FOR ATHLETES, COACHES, REFEREES & DELEGATES

All participating athletes, coaches, referees and delegates must be pre-registered online through the Sportdata website: [https://www.sportdata.org/karate/set-online/veranstaltung\\_info\\_main.php?active\\_menu=calendar&vern=6010#a\\_eventhead](https://www.sportdata.org/karate/set-online/veranstaltung_info_main.php?active_menu=calendar&vern=6010#a_eventhead)

**PRE-REGISTRATION OPENS: JANUARY 14, 2022**

**PRE-REGISTRATION CLOSES: FEBRUARY 4, 2022 \***

All PTSO delegations must have an online username and password for access to the event and pre-registration. All teams should use the same usernames and passwords which they have used for online pre-registration to the 2019 National Championships. If you do not yet have a username and password, please submit an online request to Sportdata via their website.

For questions on how to pre-register your teams using the software, all team managers may contact the Sportdata software team directly at [office@sportdata.org](mailto:office@sportdata.org).

Provincial/Territorial Associations/Teams are responsible for the quality and accuracy of the entered registration data. Changes to online pre-registration entries are possible and free of charge until **Friday, February 4, 2022** inclusively.

### **\*PLEASE NOTE:**

- NO CHANGES to registrations in individual divisions and team kata divisions will be accepted after **Saturday, February 5, 2022**.
- NO LATE REGISTRATION permitted. No refunds in case of cancellation.



## **10. ON-SITE REGISTRATION / ACCREDITATION**

Official registration will take place on Thursday, February 17, 2022 at the Hyatt Regency Calgary.

Participant/registrant accreditation will then be provided to the team manager (or a designate) to disseminate to their team.

## **11. DIVISIONS – 2022 SENIOR NATIONAL TEAM TRIALS**

The mainstream, or non-Para) divisions used at this event will be the following:

### **11.1 FEMALE & MALE INDIVIDUAL KATA**

Senior (16 years and older\*\*)

### **11.2 FEMALE & MALE TEAM KATA**

Senior (16 years and older\*\*)

### **11.3 FEMALE INDIVIDUAL KUMITE**

Senior (18 years and older\*\*): -50 kg, -55 kg, -61 kg, -68 kg, + 68 kg

### **11.4 MALE INDIVIDUAL KUMITE**

Senior (18 years and older\*\*): -60 kg, -67 kg, -75 kg, -84 kg, +84 kg

(\*\*=see possible exceptions in the [Age Eligibility](#) portion of this bulletin).

NOTE: Karate Canada will not hold Open Weight Kumite nor Team Kumite divisions at the 2022 Karate Canada Senior National Team Trials.

## 12. PARA-KARATE ATHLETES

Karate Canada will host competitive Kata events for men and women at the 2022 Karate Canada Senior National Team Trials.

All Para team members are to be included on Provincial / Territorial Rosters as full members and provided with the same opportunities for team training, team attire, and funding for National Championships and/or National Team Trials. It is the responsibility of the Provincial / Territorial teams to register the Para-athletes through SportData along with their other athletes.

### Eligibility

Karate Canada reserves the right to combine divisions to create a suitable level of competitiveness.

Athletes can compete in as many divisions as they qualify for.

All athletes will compete even if there is only one participant per division.

### Para-Karate Divisions\*

Divisions are based on the following Sport Classes for Male and Female  
Must be confirmed through Medical Diagnosis Forms

See [Appendix 2](#) for further information.

1. K-10 Visual Impairment – must compete with blindfold
  - a) Male
  - b) Female
  
2. K-21 Intellectual Impairment - IQ of 75 or lower on standard tests, having originated before the age of 18. Evidence of significant limitations in adaptive behaviour as expressed in conceptual, social, and practical adaptive skills.
  - a) Male
  - b) Female
  
3. K-22 Intellectual Impairment – Down Syndrome
  - a) Male
  - b) Female
  
4. K-30 Physical Impairment – must compete in wheelchair
  - a) Male

b) Female

5. SMI Physical Impairment – compete without wheelchair
  - a) Male
  - b) Female

(\*Remains subject to change. Karate Canada will advise its members of any such changes as soon as possible, if applicable.)

## 13. SEEDING OF DRAWS

Karate Canada will seed athletes in all individual division draw sheets of the 2022 Karate Canada Senior National Team Trials in the following order of decreasing priority:

- International Status Holders in the same division (A, then B, then C, in decreasing order of KC ranking priority)\*\*;
- National Status holders in the same division (in decreasing order of KC ranking priority)\*\*;
- All 4 medalists from the 2019 Senior National Championships in the same division.
- Gold seeded higher than silver; silver seeded higher than 3rd place; 3rd place seeded higher than 4th place.

\*\*= Note: It is not necessary for athletes to be members in good standing of the National Team Roster at the time of these Senior National Team Trials in order to benefit from seeding as described above.

PLEASE NOTE: Seeding priorities indicated are only applicable if the athlete competes in the same division where she / he has previously earned the mentioned status, ranking points or medal.

## **14. ELIMINATION FORMULA**

Karate Canada will use the following elimination formulas/formats for the various individual divisions at the 2022 Karate Canada Senior National Team Trials (all team divisions will be run using the WKF repechage system):

### **14.1 ALL INDIVIDUAL KUMITE DIVISIONS**

"True" double-elimination format – Whereby each athlete must lose 2 matches/rounds in order to be eliminated.

Bronze medals to be awarded to both the 3rd place and 4th place athletes. See the example in Appendix 4.

For divisions featuring only 3 athletes, a "Round Robin" elimination formula will be used.

### **14.2 ALL INDIVIDUAL KATA DIVISIONS**

WKF point system; however, as was the case in 2018 and in 2019, an additional match will take place (in each division comprised of 4 athletes or more), in which the winners of both repechage draws will face off, in order to determine a 3rd place winner and a 4th place winner.

Bronze medals to be awarded to both the 3rd place and 4th place athletes.

Note: Athletes facing off in this additional match for 3rd place will be allowed to repeat a kata performed in earlier rounds.

## **15. VIDEO REPLAY**

While this remains to be confirmed, Karate Canada intends to make Instant Video Replay available to coaches in elimination and medal rounds of all individual kumite divisions, to be managed in accordance with WKF rules.



## **16. COMPETITION RULES**

Unless specified otherwise or elsewhere in the event's Information Bulletin, the competition rules which will be in effect at 2022 Karate Canada Senior National Team Trials will be the published Kata and Kumite Rules of Competition of the World Karate Federation, in effect as of January 1st, 2022 (accessible at:

[https://www.wkf.net/pdf/WKF\\_Comp%20Rules\\_2020\\_EN.pdf](https://www.wkf.net/pdf/WKF_Comp%20Rules_2020_EN.pdf)).

## 17. WEIGH-IN RULES & PROTOCOL

### 17.1 RULES

#### 17.1.1 Senior Kumite Athletes: Acceptable Weight Variance

Kumite athletes competing at the 2022 Karate Canada Senior National Team Trials will be required to weigh within the weight limitations of the division in which they are registered. A 0.4 kg variance above or below the weight division range is acceptable.

Examples:

- Senior Male athletes (aged 18 years and above): -60 kg, -67 kg, -75 kg, -84 kg, +84 kg
- Senior Male Kumite -75kg division: Target weight range acceptable is from  
66.6 kg to 75.3 kg;
- Senior Male Kumite -67kg division: Target weight range acceptable is from  
59.6 kg to 67.3 kg.

#### 17.1.2 Senior Kumite Athletes: Not in Compliance with Weight Restrictions

Athletes who exceed the upper or lower 0.4 kg variance in the weight range for a division will not be accepted. They will be permitted additional time to comply until the weigh-in process concludes at the end of the designated weigh-in day.

Weight categories must be respected with the 0.4 kg variance allowed as per item 1 above.

- a) Kumite athletes who surpass the maximal weight (including the variance) for a division may not compete in that weight division.
- b) Kumite athletes who are unable to meet the minimal weight (including allowed variance) for a division may not compete in that weight division.

### 17.2 PROTOCOL

Weigh-ins will take place on Friday, February 18, 2022, at the Hyatt Regency Calgary. Weigh-in rules and protocol are as follows:

1. The official weigh-in will take place one day before the commencement of competition.
  - a) "Early Bird" weigh-in opportunity scheduled 7:15am – 8:00am. [see item# 18 for details].
  - b) "Regular" weigh-in scheduled 8:00am-12pm (noon).
  - c) "Last Chance" weigh-in scheduled 4:00pm-4:45pm. [see item#16 for details]
  - d) Officer in charge of weigh-in will certify successful weigh-in results on the athlete's identification credentials.
2. The Chief Official is responsible for the operation of the weigh-ins.
  - a) Chief Official will assign or approve the officers in charge of verification of weights at the site of the weigh-ins. It is recommended that this officer or officers be a certified provincial or national level tournament official who meets with the approval of the Chief Official. Minimum requirement would be an officer in whom Chief Official has confidence even though he/she may not be a certified official.
  - b) Event Manager will assist the Chief Official in finding and scheduling the weigh-in officers needed.
3. Once the weigh-in has been closed by the Chief Official, further access will require an appeal for exceptional consideration to be made to the executive director of KC.
4. The Event Manager is required to provide any assistance requested by the Chief Official.
5. The Event Manager is responsible for establishing an appropriate location for the weigh-ins and for supplying at least 3 or more quality scales.
  - a) One quality scale to the "male" weigh-in area and one quality scale to the "female" weigh-in area. Both of these scales need to be calibrated to give the same readings within 0.1 kg (100 grams).
  - b) A quality scale will be provided at "all training areas" at least 24 hours prior to the opening of the "weigh-in procedure" (weigh-in day). Ex – scales available Wednesday morning if weigh-in to commence Thursday morning.

6. All athletes are to initially weigh-in during the officially posted time period. The amount of time allotted for weigh-ins may be increased due to the increased number of athletes.
7. Athletes to weigh-in wearing shorts & t-shirt but may be permitted to reduce to under-garments or if they choose, to be nude.
8. Privacy screens will be provided around the scale/weighing area.
9. No spectators are allowed during the weigh in process.
10. One coach, or his or her designate, is required to attend the weigh in for each participating team. They are not permitted to interfere in the weigh-in process.
11. Athletes will be weighed by same-sex individuals. Without exception, opposite-sex individuals are not permitted in the official weigh-in area.
12. Upon arrival, athletes must present their official event accreditation. Without exception, athletes without accreditation will not be granted an opportunity to weigh-in.
13. Any athlete in excess of the 0.4 kg variance above or below the weight division range will not be accepted; he/she will be permitted additional time up to the closing time of weigh-in process at the end of the designated weigh-in day.
14. Early-bird weigh-in opportunity may be made available for those athletes identified by their coach as "cutting weight" and being no more than 2 kg over the weight division requirement.
15. Early-bird Weigh-in: maximum number of openings per province is determined using following ratio:

Team Size	<25	25-50	51-75	76-100	>100
Maximum number of Athletes Permitted for "Early-bird" weigh-	3	4	5	6	7

16. "Last-chance window" for final weigh-in opportunity: There will be a final weigh- in opportunity for those struggling to make weight. No weight restriction on who may weigh-in at this final opportunity. It will be at the end of Weigh-in day at 4:00pm-4:45pm.

## 18. ENTRY FEES

Competitor fees are as follows:

- Individual entry: \$125.00 CAD
- Kata Team Division: \$200.00 CAD

NO LATE REGISTRATION IS PERMITTED. NO REFUNDS IN CASE OF CANCELLATION.

### PLEASE NOTE:

Athletes canceling registration prior and up to **February 11, 2022**, for medical reasons only, and providing valid proof of injury or sickness (medical note) to Karate Canada before that date, may obtain a refund of the registration fees, minus a \$50.00 administrative fee.

Please note that registration fees are **non-refundable** for any other reason, and no refund will be issued for any reason whatsoever as of **February 12, 2022**.

## 19. PAYMENT OF FEES

### BY ELECTRONIC TRANSFER:

Electronic payments (preferred option) must be sent to Karate Canada no later than February 11, 2022, with an email confirmation sent to [robin.witty@karatecanada.org](mailto:robin.witty@karatecanada.org).

The information to use for electronic payments is as follows:

Beneficiary: Karate Canada  
Beneficiary Address: 500 boul. René Lévesque Ouest  
Montreal, QC H2Z 1W7  
Account #: 2058626  
Transit #: 30015  
Financial Institution #: 815  
Bank Address: C.D. Coeur-de-l'Île  
1080, rue Bélanger Est  
Montreal, QC H2S1H2

### BY CHEQUE:

Payments by cheque must be mailed to the Karate Canada head office, postmarked no later than February 11, 2022, at:

Karate Canada  
(2022 Karate Canada Senior National Team Trials)  
PO Box 637 Montreal Branch B  
Montreal, QC H3B 3K3

## 20. OFFICAL HOST HOTEL

The host hotel of the 2022 Karate Canada Senior National Team Trials is the Hyatt Regency Calgary, which is conveniently attached to the competition venue, the TELUS Convention Centre.

[Hyatt Regency Calgary](#)

700 Centre Street SE, Calgary, Alberta, Canada, T2G 5P6

Each designated PTSO representative must provide a formal rooming list to the Hyatt. Please email [cheryl.tataryn@karatecanada.org](mailto:cheryl.tataryn@karatecanada.org) if you need a rooming list template.

Contact: Katlyn Burgassi

Email: [katlyn.burgassi@hyatt.com](mailto:katlyn.burgassi@hyatt.com)

Phone: 403-537-4457

**RATE: \$145 + 12.27% tax and fees up to quad occupancy**

**RESERVATION DEADLINE: MONDAY, JANUARY 24, 2022**



## **21. GROUND TRANSPORTATION**

Transportation from/to the airport is the responsibility of the participants.

## 22. SOCIAL MEDIA

The 2022 Karate Canada Senior National Team Trials are quickly approaching, and we want to stay connected with you! Make sure you follow Karate Canada on Instagram, [Facebook and Twitter](#) for the entirety of the event.

Instagram & Twitter: @KarateCanada

Facebook: <https://www.facebook.com/Karate-Canada-459465044133223/?fref=ts>

The official hashtag of the 2022 Karate Canada Senior National Team Trials is: #KCTeamTrials2022 Be sure to use it in all posts!

## **23. BOOKING OF TRAINING AREAS FOR PROVINCIAL / TERRITORIAL TEAMS**

Training rooms area will be available for all PTSOs at the Hyatt Regency Calgary beginning at 2:00pm February 16th through to 12:00pm on Sunday, February 20th.

Invitations to schedule your training times will be emailed closer to the event.

## **24. EVENTS SCHEDULE**

### **24.1 SCHEDULE OF ACTIVITIES**

A tentative Schedule of Activities can be found in [Appendix 3](#). Please note that it is subject to change.

### **24.2 COMPETITION SCHEDULE**

Full details of the competition schedule should be available via SportData, as of Monday, February 14, 2022. A link to the competition schedule will be available and published by Karate Canada. Please note this schedule will remain subject to changes.

## 25. WAIVER & MEDICAL FORMS

Each competitor (kata, kumite and Para) must submit a completed and signed Waiver and Release Agreement as well as a Medical Report in order to be eligible to take part in this event.

Para-athletes competing in WKF recognized divisions must submit the [WKF Medical Diagnosis Form](#) as well as the Karate Canada Waiver and Release Agreement. Para-athletes competing in Standing Mobility Impairment division must submit the full Karate Canada Medical Form, including confirmation of disability and the designated code(s) of disability. All forms must be submitted to the athletes' PTSO.

The Karate Canada forms will soon be available on SportData, in the Download Section of the 2022 Karate Canada Senior National Team Trials event page. Karate Canada will notify all member PTSOs via email once these forms are available and uploaded onto SportData. PTSOs must contact athletes about providing them with electronic versions of the completed forms. All PTSOs will be required to provide scanned signed copies for all competitors to Karate Canada by February 4, 2022.

Please note no forms will be accepted past the deadline or on-site. Incomplete forms may lead to ineligibility to compete.

# APPENDIX 1 –HOTEL & COMPETITION VENUE

## VENUE

[Calgary TELUS Convention Centre](#)

136 8 Ave SE, Calgary, AB T2G 0K6

## HOST HOTEL

[Hyatt Regency Calgary](#)

700 Centre Street SE, Calgary, Alberta, Canada, T2G 5P6

The Hyatt Regency Calgary is conveniently attached to the TELUS Convention Centre via pedway.



# APPENDIX 2 – DETAILS ON PARA-KARATE DIVISIONS

## WKF DIVISIONS - IMPAIRMENT GROUPS WHICH COMPETE IN PARA KARATE

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An athlete must have a permanent eligible impairment type and provide medical documentation detailing their diagnosis and current health condition.

Classes are detailed in the classification rules for the sport, and a classifier determines the Sport Class an athlete will compete in.

Compensation Score in the form of Extra Points, according to the degree of Impairment may or may not be completed at this event.

Impairment		Examples of health conditions
<b>Intellectual Impairment</b>		Must have a diagnosis of Intellectual Impairment by a psychologist, neurologist or psychiatrist.
<b>Visual Impairment</b>		Impairment of the eye structure, optic nerve / pathways, or visual cortex of the central brain: Includes albinism, retinitis pigmentosa, macular or rod cone dystrophy.
<b>Physical Impairment</b>	Hypertonia	Cerebral palsy, stroke, acquired brain injury, multiple sclerosis.
	Ataxia	Ataxia resulting from cerebral palsy, brain injury, Friedreich's ataxia, multiple sclerosis, spinocerebellar ataxia.
	Athetosis	Cerebral palsy, stroke, traumatic brain injury.
	Limb Deficiency	Amputation resulting from trauma or congenital limb deficiency.
	Leg Length Difference	Disturbance of limb growth or as a result of trauma. Leg length difference must be at least 7cm.
	Impaired Passive Range of Motion	Arthrogryposis, ankylosis, post-burn joint contractures.
	Impaired Muscle Power	Spinal cord injury, muscular dystrophy, brachial plexus injury.

## CLASSIFICATION INFORMATION SHEET

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### Minimal Eligible Impairment Criteria

Specific criteria are applied to each sport to determine if a person's impairment results in sufficient limitation in their sport. These are called the minimal impairment criteria. For more information, please refer to the Para Karate Classification Rules on the World Karate Federation website.

Impairment		Minimal Disability – GUIDE ONLY
<b>Intellectual Impairment</b>		IQ of 75 or lower on standard tests, having originated before the age of 18. Evidence of significant limitations in adaptive behaviour as expressed in conceptual, social, and practical adaptive skills. Athletes with Down Syndrome.
<b>Vision Impairment</b>		Visual acuity less than or equal to 6/18.
<b>Physical Impairment</b>	Hypertonia Ataxia Athetosis	The athlete must have evidence of at least hypertonia grade 1-2 in the ankle or elbow, ataxia, athetosis or dystonic movements.
	Limb Deficiency	Total or partial absence of bones or joints as a consequence of trauma (for example, traumatic amputation), illness (for example amputation due to bone cancer) or congenital limb deficiency (for example dysmelia).
	Leg Length Difference	Leg length difference must be at least 7cm.
	Impaired Passive Range of Motion	Arthrogyrosis and/or contracture resulting from chronic joint immobilisation or trauma affecting a joint's mobility or function.
	Impaired Muscle Power	Spinal cord injury (complete or incomplete, tetra- or paraplegia or paraparesis), muscular dystrophy, spina bifida.

### Sport Classes for Para-Karate

Classes	Examples (Guide Only)
Blind/visually impaired – BLINDFOLDS ARE REQUIRED (NOTE: Athletes will be classified according to the LESS-IMPAIRED eye.)	
<b>K10</b>	Athletes who have no sight in both eyes: – Blindness: No light perception
	Athletes who have limited vision in both eyes: – Visual acuity ranges from 3/60 to light perception in the less-impaired eye
	Athletes who have limited vision in both eyes: – Visual acuity ranges from 6/18 to 3/60 in the less-impaired eye



Intellectually impaired	
<b>K21</b>	Athletes must have an IQ of 75 or lower on standard tests, having originated before the age of 18. Evidence of significant limitations in adaptive behaviour as expressed in conceptual, social, and practical adaptive skills.
<b>K22</b>	Athletes who have an intellectual impairment and Down Syndrome as caused by extra genetic material in chromosome 21'.

Wheelchair users	
Athletes with hypertonia, ataxia, athetosis, limb deficiency, impaired range of movement, hemiplegia	
<b>K30</b>	Moderate involvement in both legs.
	Coordination issues or involuntary movements affecting all four limbs
	Moderate involvement on one side of their body
	Mild ataxia, athetosis, or dystonia in one arm and leg on the same side or both.
	Unilateral amputation above the knee up to the hip, or a combination of lower limb impairment/s with functional loss in one leg above the knee.
	Unilateral amputation below the knee and above or through the ankle, or a combination of lower-limb impairments with functional loss in one foot, ankle and/or lower leg, or a leg-length difference of more than seven (>7 cm).
	Wheelchair athletes with moderate to severe impairments (including coordination impairments) affecting all four limbs and the trunk. Upper limb strikes and wheelchair propulsion is difficult. Trunk control and muscle power is absent or poor.
	Trunk control is limited and there may be no lower abdominal/spinal activity.
Hand grasp, release and wheelchair propulsion may be fairly symmetrical between the upper limbs, with little no limitation in execution of upper limb strikes. Trunk control is good.	

Full information on WKF ParaKarate Rules: [Para-Karate Modality | WKF](#)

Non WKF eligible Division  
Karate Canada Division  
Standing Mobility Impaired (SMI)  
Athletes compete without wheelchair

IMPAIRMENT TYPE	DESCRIPTION
Impaired Muscle Power	<p>Athletes with Impaired Muscle Power have a Health Condition that either reduces or eliminates their ability to voluntarily contract their muscles in order to move or to generate force.</p> <p>Examples of an Underlying Health Condition that may lead to Impaired Muscle Power include spinal cord injury (complete or incomplete, tetra-or paraplegia or paraparesis), muscular dystrophy, post-polio syndrome and spina bifida.</p>
Impaired Passive Range of Movement	<p>Athletes with Impaired Passive Range of Movement have a restriction or a lack of passive movement in one or more joints.</p> <p>Examples of an Underlying Health Condition that may lead to Impaired Passive Range of Movement include arthrogryposis and contracture resulting from chronic joint immobilisation or trauma affecting a joint.</p>
Limb Deficiency	<p>Athletes with Limb Deficiency have total or partial absence of bones or joints as a consequence of trauma (for example traumatic amputation), illness (for example amputation due to bone cancer) or congenital limb deficiency (for example dysmelia).</p>
Leg Length Difference	<p>Athletes with Leg Length Difference have a difference in the length of their legs as a result of a disturbance of limb growth, or as a result of trauma.</p>
Short Stature	<p>Athletes with Short Stature have a reduced length in the bones of the upper limbs, lower limbs and/or trunk.</p> <p>Examples of an Underlying Health Condition that may lead to Short Stature include achondroplasia, growth hormone dysfunction, and osteogenesis imperfecta.</p>
Hypertonia	<p>Athletes with Hypertonia have an increase in muscle tension and a reduced ability of a muscle to stretch caused by damage to the central nervous system.</p> <p>Examples of an Underlying Health Condition that may lead to Hypertonia include cerebral palsy, traumatic brain injury and stroke.</p>
Ataxia	<p>Athletes with Ataxia have uncoordinated movements caused by damage to the central nervous system.</p> <p>Examples of an Underlying Health Condition that may lead to Ataxia include cerebral palsy, traumatic brain injury, stroke and multiple sclerosis.</p>
Athetosis	<p>Athletes with Athetosis have continual slow involuntary movements.</p> <p>Examples of an Underlying Health Condition that may lead to Athetosis include cerebral palsy, traumatic brain injury and stroke.</p>

The following Medical Diagnoses Forms (MDF) and associated documents must be emailed to Heather Fidyk - [president@karateab.org](mailto:president@karateab.org) by February 4<sup>th</sup>, 2022.

As per rule 6.5 in WKF ParaKarate Classification Rules  
[ParaKarate Classification Rules.pdf \(wkf.net\)](#)

Medical Diagnostic Form for Athletes with Intellectual Impairments  
[Microsoft Word - 08-04-21 MDF II Athletes new.docx \(wkf.net\)](#)

Medical Diagnostic Form for Wheelchair Athletes  
[Microsoft Word - 08-04-21 MDF WC Athletes.docx \(wkf.net\)](#)

Medical Diagnostic Form for Athletes with Visual Impairments

[Microsoft Word - 18-07-20 MDF VI Athletes new.docx \(wkf.net\)](#)

Karate Canada Division

Medical Diagnostic Form for Standing Mobility Impaired (SMI) Athletes

[Microsoft Word – KC-MDF-SMI-Athletes](#)

Karate Canada reserves the right to change or combine divisions for competitive experience. Athletes will be awarded points for the division they are registered for.

## APPENDIX 3 – SCHEDULE OF ACTIVITIES

Note: Subject to change

### WEDNESDAY, FEBRUARY 16 – Hyatt Regency Hotel

Time	Activity
9:00 am – 5:00 pm	Accreditation & COVID-19 Testing
2:00 pm – 9:00 pm	Team Trainings

### THURSDAY, FEBRUARY 17 – Hyatt Regency Hotel

Time	Activity
9:00 am – 5:00 pm	Accreditation & COVID-19 Testing
2:00 pm – 9:00 pm	Team Trainings

### FRIDAY, FEBRUARY 18 – Hyatt Regency Hotel

Time	Activity
8:00 am – 12:00 pm	Weigh-In – Female
8:00 am – 12:00 pm	Weigh-In – Male
9:00 am – 9:00 pm	Team Trainings
6:00 pm – 8:00 pm	Coaches Meeting
6:00 pm – 8:00 pm	Officials Meeting
6:00 pm – 7:00 pm	Volunteer Training

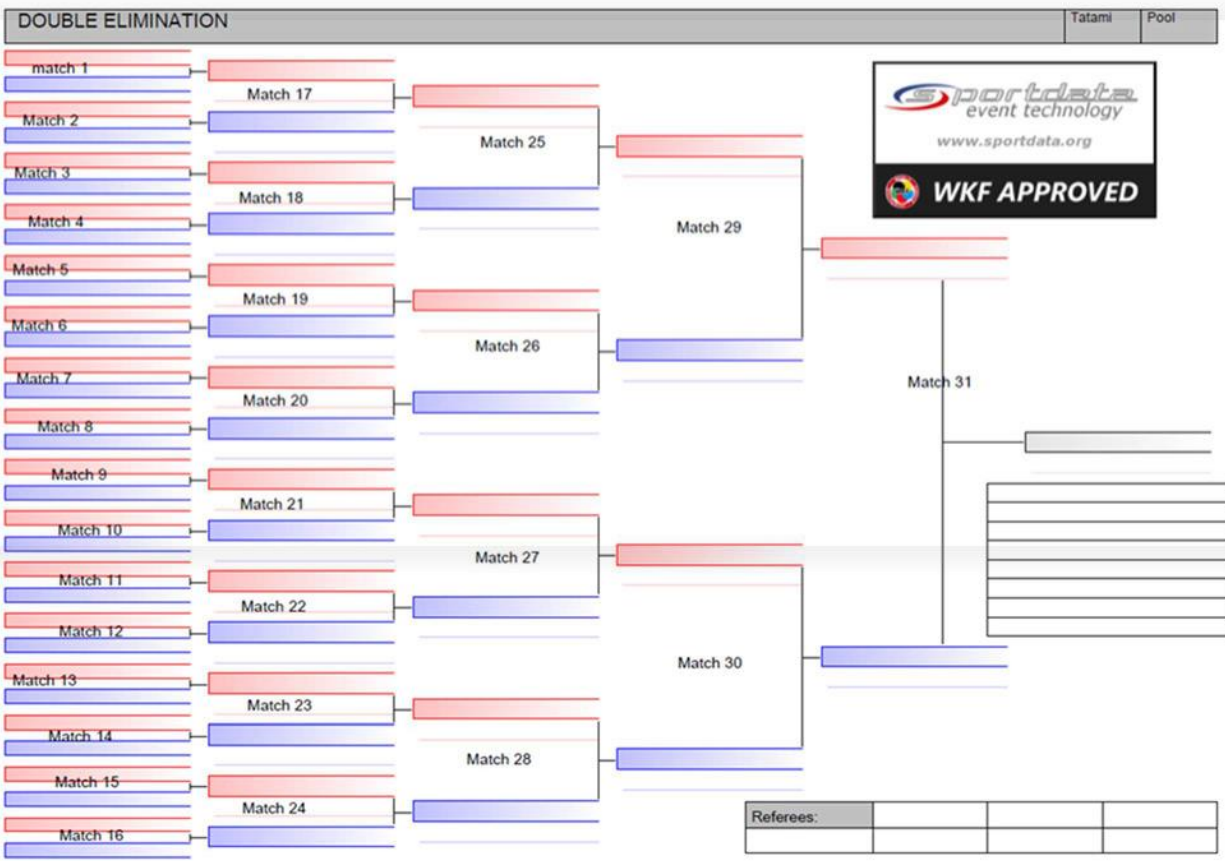
### SATURDAY, FEBRUARY 19 – TELUS Convention Centre

Time	Activity
9:00 am – 6:00 pm	Competition

### SUNDAY, FEBRUARY 20 – TELUS Convention Centre

Time	Activity
9:00 am – 6:00 pm	Competition

# APPENDIX 4 – EXAMPLES OF “TRUE” DOUBLE ELIMINATION FORMAT





# APPENDIX 5 – AGE ELIGIBILITY MATRIX

## COMPETITOR AGE ELIGIBILITY MATRIX 2022 SR NATIONAL TEAM SELECTION

	SENIOR	
	Birthdate	
Kata	On or before 26, 2006	May
Kumite	On or before 26, 2004	May
Team Kata	On or before 26 2006	May

18-Feb-22      KC Sr Nationals start date  
 20-Feb-22      KC Sr Nationals end date  
 26-May-22      Anticipated start date of 2022 Sr Pan Ams

(Revised November 26 2021)

# APPENDIX 6 – NCCP REQUIREMENTS FOR 2022 NATIONAL COMPETITIONS

Number of Coaches	Required Training/Certification											
1	Comp Dev Certified											
2	Comp Dev Certified	Comp Intro Trained										
3	Comp Dev Certified	Comp Intro Certified	Comp Intro Trained									
4	Comp Dev Certified	CD Karate Module + 3 MSM + MED	Comp Intro Certified	Comp Intro Trained								
5	Comp Dev Certified	Comp Dev Certified	CD Karate Module + 3 MSM + MED	Comp Intro Certified	Comp Intro Trained							
6	Comp Dev Certified	Comp Dev Certified	CD Karate Module + 3 MSM + MED	CD Karate Module + 3 MSM + MED	Comp Intro Certified	Comp Intro Trained						
7	Comp Dev Certified	Comp Dev Certified	Comp Dev Trained	CD Karate Module + 3 MSM + MED	CD Karate Module + 3 MSM + MED	Comp Intro Certified	Comp Intro Trained					
8	Comp Dev Certified	Comp Dev Certified	Comp Dev Trained	CD Karate Module + 3 MSM + MED	CD Karate Module + 3 MSM + MED	CD Karate Module + 3 MSM + MED	Comp Intro Certified	Comp Intro Trained				
9	Comp Dev Certified	Comp Dev Certified	Comp Dev Trained	CD Karate Module + 3 MSM + MED	CD Karate Module + 3 MSM + MED	CD Karate Module + 3 MSM + MED	Comp Intro Certified	Comp Intro Trained	Comp Intro Trained			
10	Comp Dev Certified	Comp Dev Certified	Comp Dev Trained	Comp Dev Trained	CD Karate Module + 3 MSM + MED	CD Karate Module + 3 MSM + MED	CD Karate Module + 3 MSM + MED	Comp Intro Certified	Comp Intro Trained	Comp Intro Trained		
11	Comp Dev Certified	Comp Dev Certified	Comp Dev Trained	Comp Dev Trained	Comp Dev Trained	CD Karate Module + 3 MSM + MED	CD Karate Module + 3 MSM + MED	CD Karate Module + 3 MSM + MED	Comp Intro Certified	Comp Intro Trained	Comp Intro Trained	
12	Comp Dev Certified	Comp Dev Certified	Comp Dev Trained	Comp Dev Trained	Comp Dev Trained	CD Karate Module + 3 MSM + MED	CD Karate Module + 3 MSM + MED	CD Karate Module + 3 MSM + MED	CD Karate Module + 3 MSM + MED	Comp Intro Certified	Comp Intro Trained	Comp Intro Trained

Legend  
 CD = Competition Development  
 MSM = Multisport module  
 MED = Making Ethical Decision (module or evaluation)

\* All the required training/certification has to be completed before Nationals.  
 \*\* First time coaches can have an exemption as long as they do the Make Ethical Decision Training and/or online MED Evaluation + the Making Head Way online module. If you have, for example, 6 coaches and 2 of them are first timers, the new coaches will take the last 2 spots. See line below.

6	Comp Dev Certified	Comp Dev Certified	CD Karate Module + 3 MSM + MED	CD Karate Module + 3 MSM + MED	New Coach 1	New Coach 2
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