

JUNIOR NATIONAL TEAM CRITERIA

(FOR KATA AND KUMITE ATHLETES)

2022-2023 SEASON



APPROVED BY THE BOARD OF DIRECTORS ON

KARATE CANADA
JUNIOR NATIONAL TEAM CRITERIA (FOR KATA AND KUMITE ATHLETES)
2022-2023 SEASON

These criteria apply to the National Junior kumite and National Junior kata teams only.

There are two parts to this document as follows

PART I – Selection Framework

1. Introduction
2. Overall Philosophy and Values of Criteria
3. How to get on the National Junior Team Roster
4. Selection Criteria for Competition
5. Requirements, Exemptions and appeals

PART II – Point allocation for Domestic and International events

1. Competition calendar and point allocation for the current season
2. Camp calendar
3. Funding Ratios

PART I – SELECTION FRAMEWORK

DEFINITIONS

Season: For this document, the term "season" designates the period between (and including) the 2022 Junior National Karate Championships and the start of the 2023 Junior National Championships. In the absence of either of these events occurring, the definition of a season will be made by the individual(s) with decision-making authority in consultation with the relevant individual(s) or Committee(s) following the stated performance objectives and selection philosophy and approach as noted herein.

National Team Head Coach: The term National Team Coach in this document relates to the discipline-specific (kata or kumite) Head Coach.

National Team Roster: The list of athletes eligible to represent Canada's Junior National Team at a competition.

Developmental competition: a competition for which no Karate Canada ranking points will be awarded yet, which would provide a positive growth opportunity for a targeted athlete.

Domestic competition: a competition occurring within the borders of Canada and with Karate Canada being the highest sanctioning organization.

Continental Competition: a competition with the Pan-American Karate Federation or the Pan-American Sports Organization being the highest sanctioning body.

International Competition: competition with the World Karate Federation being the highest sanctioning body.

Regional Training Camp: a local training camp for athletes living within one of either the BC, Ontario, Quebec or Atlantic regions

Inter-regional Training Camp: A joint regional camp between two or more of the existing regional training centers.

Junior National Training Camp: A camp for targeted Junior National Team athletes

International Camp: A multi-national camp held collaboratively with national teams from other countries.

Alternate Athlete: An alternate is an athlete who is selected as a late replacement to fill a spot left vacant for a specific competition or training camp after an athlete originally selected through the normal selection process has pulled out or is declared unable to

participate due to injury, illness or other circumstances.

Training Partner: An athlete not on the National Team roster who has been invited to participate in a training camp to enhance the competitive environment of the camp.

1.0 Introduction

These criteria were written against the backdrop of the unprecedented global coronavirus pandemic and associated COVID-19 disease. The response to the pandemic required the cancellation or rescheduling of domestic and global sporting events. Karate Canada carefully follows the coronavirus pandemic's evolution on the global and domestic levels and selects athletes to represent Canada at international competitions.

Karate Canada will respect these published selection criteria as written unless otherwise required by exceptional and unforeseen circumstances related to the coronavirus's impact. However, situations related to the coronavirus pandemic may arise that require this selection criteria to be modified. Any modifications will be made promptly and as often as needed following developments that directly impact the selection criteria. In such circumstances, any changes will be communicated to all affected individuals as soon as possible.

Further, situations may arise that do not allow these selection criteria to be modified or applied as written due to time constraints or other exceptional and unforeseen circumstances. In such situations, any decision, including nomination decisions, will be made by the individual(s) with decision-making authority in consultation with the relevant individual(s) or Committee (s) (as applicable), and following the stated performance objectives and selection philosophy and approach as noted herein. Should it be necessary to make any decision in this manner, Karate Canada will communicate with all affected individuals as soon as possible.

These criteria apply to the National Junior Teams only. The following items are addressed:

1. Introduction
2. Overall Philosophy and Values of Criteria
3. How to get on the National Junior Team Roster
4. Selection Criteria for Competition
5. Requirements, Exemptions and appeals

The criteria will be applied to all National Junior Teams considering current points earned in the current or previous season (depending on point expiration of specific events) using the point criteria in Part II of this document.

As stipulated in Part II, all funding directed to athletes will be a function of Karate Canada's budget and the 'athlete's status.

The Junior National Team Roster will be named after the conclusion of Karate Canada's

2022 Junior National Championships

The top four finalists in each kata and kumite division at the 2022 Canadian Junior National Championships will automatically be named as members of the 2022 Junior National Team Roster. They will remain National Team Roster members until the beginning of the 2023 Junior National Championships, pending compliance with requirements in Section 5.0 and other stipulations in this document.

Athletes who hold valid ranking points earned during the previous season and who take part in the 2022 Junior National Championships will also be automatically named as members of the 2022 Junior National Team Roster and will remain National Team Roster members until the beginning of the 2023 Junior National Championships of the following year, pending compliance with Requirements in Section 5.0, and other stipulations in this document.

An athlete may be a member of the Junior National Team Roster in more than one division if they have participated and medaled in more than one division at the Junior National Championships.

The classification of domestic, continental and international tournaments, and the points which athletes can accumulate at each one, will be determined by the Junior National Team Head Coach(es) in collaboration with the High Performance (HP) Committee on an annual basis. If a Head Coach position is not filled, a suitable designate will assume the role. Please refer to Part II for the classifications and point yields for each competition for the current season.

The international tournaments chosen for the Junior National Team Roster can be modified during the year by giving at least four weeks' notice before the event. Karate Canada may also cancel participation in any of these events due to unforeseen circumstances, such as rescheduling or cancelling the event by its organizing committee.

Karate Canada reserves the right to amend these Criteria after the date of their original publication, following the primary objective of enhancing Karate Canada's chances of obtaining podium results and achieving success at certain WKF or PKF competitions, and as may be required to align with international karate sport governing bodies (WKF, PKF) and other external agencies/partners (Canadian Olympic Committee, Sport Canada, Own The Podium)

2.0 OVERALL PHILOSOPHY AND VALUES OF CRITERIA

The following criteria are designed to meet two objectives

1. To ensure that Karate Canada fields the most competitive teams as possible following the long-term objectives of Karate Canada's High- Performance Committee, and
2. To develop future athletes as and when appropriate to ensure a healthy and continuous pipeline of athletes representing Karate Canada at designated events

The values used by the High-Performance Committee when developing the Selection Criteria and for decision making in selection related matters are as follows:

Transparency – ensuring that the selection process and decisions are clearly and fully communicated to Karate Canada stakeholders

Performance Excellence – ensuring that decisions and criteria are guided by the philosophy of always selecting the best possible team for Karate Canada within consideration of funding, and long-term performance objectives

Athlete safety and well-being – to ensure that athletes are not forced or coerced into over-competing or competing in inappropriate competitions or at the wrong time of their training cycles.

3.0 How to get on the Junior National Team Roster

An athlete must participate at the annual Karate Canada's Junior National Championships of the current season (as defined in Part I, Section 1)

The top four placing athletes in the Youth (12/13), Cadet (14-15), Junior (16-17) and U21 (18-20) kata and kumite divisions, as well as the Junior (14-17) team kata divisions at the Junior National Championships will automatically be deemed to be members of the Junior National Team Roster for the current season, as will any athletes holding valid ranking points from the previous season and who have competed in the 2022 Junior National Championships. An athlete may be a member of the National Team Roster in more than one division if they participated in and won a Top-4 place at the Junior National Championships in more than one division.

Selection onto the National Team for a specific competition will occur no later than four weeks before the designated competition. Karate Canada will ensure as much notice as possible is given where possible.

3.1 Citizenship Requirements

Non-Canadian citizens may be named to the Junior National Team Roster and earn ranking points at Open tournaments only if they are designated Permanent Residents of Canada. Upon attaining Canadian citizenship, they become eligible to be named to a National Team representing Canada at Pan American Championships and official Continental or World Championships. Non-citizen athletes on the National Team Roster will receive no funding from Karate Canada and are not eligible for Sport Canada Carding (Athlete Assistance Program).

3.2 Selection of Alternates

Karate Canada is under no obligation to select an alternate for either a training camp or an international competition. See section 4.7 for the selection process and criteria for alternates.

As soon as an athlete is named onto a team for a specific competition as an alternate or to fill a vacant spot, they immediately become a Junior National Team Roster athlete for the remainder of the season (as long as they meet all other requirements and conditions for the remainder of the season).

3.3 How to Earn Points

Athletes earn points:

1. Through any performance as listed in Part II and according to the Rules About Points (Section 3.4 below)

3.4 Rules About Points

- Points may only be earned in individual kumite, individual kata and team kata categories. Results earned in the team kumite category are not rewarded with point allocations.
- To accumulate the designated points, an athlete must win at least two bouts in an approved competition (as listed in Part II). If an athlete wins only one bout, they will receive 50% of the designated points. If an athlete obtains a result with no win, they will not be awarded any ranking points.
- A win through a bye or absence of an opponent in the competitions listed in Part II will not be counted as a victory.
- Points obtained in the team kumite or kata divisions will not be applied to any athlete's individual kumite or kata division.
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- Should one of the three kata team members who earned these points be replaced by another athlete (due to the replaced athlete being injured or having decided to retire or withdraw from the team willingly), the kata team will continue to benefit from these points from the date on which they were earned until the date of expiry. Should more than one of the original kata team members be replaced, retired or withdrawn, points will be lost for all the kata team members regardless of their original anticipated expiry date.
- If an athlete changes age division during a season, they will not carry their points to the new age division. If this athlete has not placed in the Top 4 at the season's Junior National Championships in an older category, they will not be considered a member of the National Team Roster for this older category. If an athlete has already accumulated points at Nationals in an older category, future

points for participation or performance in this older category will only be recognized once the athlete turns of age for the new category.

- An athlete who is a member of the Junior National Kumite Team Roster and obtained a Top-4 placement at the most recent Canadian Junior National Championships can request to be transferred to a higher weight division, provided that:
 - it is in the same age category;
 - there is at least one vacant spot in that higher weight division, at the time of the request, among the Top-4 finalist from the most recent Canadian Junior National Championships;
 - the request is submitted in writing by the athlete and forwarded to Karate Canada no later than the start of the 2022 Junior National Team Training Camp (JNTC).
 - If the request is accepted by the Head Coach(es), the athlete will be introduced to this new higher weight division, and they will carry with them the points he/she has previously accumulated up to the total number of points held by the lowest-ranked athlete (at the JNTC) in this higher weight division.
- Except for situations described in point 3.4.5 above, points obtained in an individual division can only be accumulated within that same division. There cannot be cross-accumulation with other individual disciplines (i.e. kata and kumite) or age or weight divisions.
- Only the events listed in Part II, Table 1 of this document, will be considered for points.
- All athlete point totals will be updated within five working days of competitions listed in Part II, Table 1 and posted on the Karate Canada website at the URL below.
 - <https://karatecanada.org/resources/national-team/>

3.5 Duration and Expiration of Points

The start date of an athlete's point accumulation was the end date of the event when the points were awarded.

Points from an event will expire:

- On the first day of the same event, if that event occurs annually
- 12 months from the first day of an event if that event is cancelled or for whatever reason does not occur in the following year

- On the first day of the same event (or after two years if the event 'doesn't reoccur in the following two seasons) for points derived from a medal at the Junior World Championships
 - a. NOTE: As per Part II, Table 1 points for events that do not occur in the following season are reduced by 50% after the 1st year.

4.0 Selection Criteria for Competitions

4.1 Mandatory Training Camps:

To maintain their status as members in good standing of the Junior National Team Roster through the 2022-2023 season, to be eligible for automatic invitation to the 2023 Karate Canada Junior National Championships (see notes at the bottom of Table 1, in Section II), and to be eligible for participation in the 2022 Cadet Junior and U21 Pan American Championships and any other continental or international competition of the season as an official Canadian Junior National Team member, all Junior National Team Roster athletes (kata and kumite) must take part in:

- That season's Junior National Championships
- That season's Junior National Training Camp
- That season's Karate Canada Summit Training Camp (Mandatory for Ontario and Quebec athletes only and highly recommended for others), and
- All Regional and Inter-regional Training Camps as described below.

(Notwithstanding exemptions listed below)

The 2022 Junior National Training Camp (JNTC) will take place (exact date and location to be confirmed no later than four weeks before the start of the event). Karate Canada reserves the right to schedule additional Junior National Training Camps. If more camps are scheduled, eligible athletes will be notified at least four weeks before the beginning of each camp.

The date and location of each Regional and Inter-Regional Training Camp will be announced at least four weeks before the beginning of each camp. An unofficial calendar of these Training Camps is in Part II, Table 3 of these Selection Criteria.

Karate Canada reserves the right to change the dates or location of any mandatory camps or cancel a camp, provided at least two weeks notice is given to invited Junior National Team Roster members. Cancellation may occur under extreme and unforeseen circumstances.

Please note that Karate Canada also reserves the right to add additional Regional Training Camps during the season.

Regional and Inter-Regional Training Camps

To remain on the Junior National Team Roster, all invited Junior National Team Roster athletes residing in Ontario or Quebec must participate in all mandatory ON-QC Inter-Regional Training Camps within a 300 km radius from the training camp venue. Athletes living outside of this perimeter will be exempt from mandatory participation in QC-ON Inter-Regional Training Camps.

Furthermore, to remain on the Junior National Team Roster, all invited Junior Kumite National Team Roster athletes must participate in all mandatory Regional training Camps if they reside within a 200 km radius from the training camp venue. Athletes living outside of this perimeter will be exempted from mandatory participation in Regional Training Camps.

Junior National Team Roster athletes residing in other provinces may be invited to participate in Regional and Inter-Regional Trainings throughout the season.

For the duration of the COVID-19 pandemic, national, regional and interregional training camps may not be held. If and when camps are held, an announcement about whether camp attendance is mandatory will be issued.

4.2 Selection onto the Junior National Team for Specific Competitions (Individual Divisions)

To participate in Karate Canada sanctioned events listed in Table 1 as a member of the Canadian National Team in individual divisions, eligible athletes from the Junior National Team Roster will be selected based on the highest point accumulation, at the cut-off date for each specific event, according to the table of events in Part II, Table 1, and according to the number of available positions for that event (based on Karate Canada budget and tournament rules).

Selection of the 2022 Cadet, Junior & U21 Pan American Championships Team, or Junior Worlds Team will occur within five working days of the conclusion of the 2022 Junior National Championships.

4.3 Developmental Events

Additionally, athletes on the Junior National Team Roster may be invited to participate in some developmental international competitions solely at the Head Coach(es) discretion throughout the year. Such discretionary invitations are not for KC ranking point-scoring events.

4.4 Tie-Breaking Procedure

When two or more athletes hold the same total number of KC ranking points at the time of selection, the tie-breaking process will be as follows:

Priority 1: If the tie persists, the athlete who obtained the best result (in this division) at the 2019 Karate Canada Junior National Championships will be selected.

Priority 2: If the tie persists, the final selection will be decided by the discipline-specific Head Coach, taking continental and international results into consideration.

4.5 Selection for Junior Team Kumite

The selection of athletes participating in Team Kumite events during international competitions is at the discretion of the Junior Kumite National Team Head Coach. However, selected athletes must either be current National Team Roster athletes or have participated in the latest Junior National Championships. The Junior National Team Kumite Head Coach's selection requires approval by the HP Committee.

4.7. Selection for Junior Team Kata

The team that wins the Team Kata division at the 2022 Karate Canada Junior National Championships will represent Canada at targeted events.

4.8. Alternates / Athlete Replacement

Karate Canada is under no obligation to select an alternate for either a training camp or an international competition.

4.8.1. Individual Divisions:

Should a selected athlete, at any time between the official date of team selection for a specific competition or training camp and the latest possible date on which Karate Canada may modify registrations in said event, have pulled out or have been declared unable to participate due to injury, illness or other circumstances, an eligible athlete may replace that athlete following a decreasing priority:

- Priority 1: Next eligible athlete within the Top 4 from the KC ranking in the division where there is a vacant spot;
- Priority 2: Any athlete within the Top 4-ranked athletes from an adjacent division selected at the discretion of the Head Coach. If alternates are invited from adjacent kumite divisions, the Head Coach must confirm the 'athlete's ability to make weight to fill the vacant spot. Alternate selections based on this 2nd priority require approval by the HP Committee.

As soon as an athlete is named onto a team for a specific competition as an alternate or to fill a vacant spot, they immediately become a Junior National Team Roster athlete for the remainder of the season. The athlete must meet all other requirements and conditions of Junior National Team Roster status for the remainder of the season.

4.8.2. Team Kumite Divisions:

The selection of alternates in Junior Team Kumite divisions is at the discretion of the Junior National Team Kumite Head Coach. However, selected athletes must either be current Junior National Team Roster members or have participated in the latest Junior National Team Trial. Selection of alternates by

The HP Committee must also approve the Junior National Team Kumite Head Coach's selection.

As soon as an athlete is named onto a team for a specific competition as an alternate or to fill a vacant spot, they immediately become a Junior National Team Roster athlete for the remainder of the season (as long as they meet all other requirements and conditions for the remainder of the season).

4.8.3. Team Kata Divisions:

The selection of alternates (for replacement of an athlete due to injury or who has decided to retire or withdraw from the team willingly) in Junior Team Kata divisions can be recommended by the remaining kata team members (athletes) themselves but must be approved by the Junior National Team Kata Head Coach and by the HP Committee. No more than one alternative may be selected per the Junior kata team.

As soon as an athlete is named onto a team for a specific competition as an alternate or to fill a vacant spot, they immediately become a Junior National Team Roster athlete for the remainder of the season (as long as they meet all other requirements and conditions for the remainder of the season).

4.9. Calendar of Competitions for the season

The calendar of competition events for the season is found in Part II, Table 1.

5.0 Requirements, Exemptions and Appeals

5.1 Requirements

To remain on the Karate Canada Junior National Team Roster, each athlete must:

- Sign and adhere to the Karate Canada Athlete Agreement
- Pay the required Junior National Team Package Fee on time, as required.
- Have and maintain a valid Canadian passport (see exceptions at 3.1).
- Always report any performance-limiting injuries or physical conditions to the National Junior Head Coach(es) within five days of the injury or performance-limiting change in physical condition.
- Provide accurate medical information on the injury and its treatment.
- Keep the National Head Coach(es) informed on the progress of recovery from injury or illness.
- Provide an accurate mailing address, an active email address and all phone numbers at which they can be reached.
- Any changes must be sent to the Karate Canada Head Office.

5.2 Exemptions

Exemptions from mandatory national team camps or competition activities due to exceptional circumstances may include, but are not limited to:

- A recent death in the immediate family - at least four weeks before the start of the Camp or Competition;
- Injury limiting participation or performance (see additional information below);
- Pregnancy; or
- Infectious disease

Exemption requests must be submitted in writing to Karate Canada's Head Office and Junior National Team Head Coach(es) as soon as possible and no later than 24 hours after starting any National Team Training Camp/event. Notification of such an event must include details of the circumstances, and any supporting evidence scanned or emailed to the Karate Canada Head Office.

In the cases of injuries, disease or other performance-limiting physical conditions, the athlete must include a medical certificate indicating the specific problem, its severity and the estimated recovery time. Karate Canada has the right to seek its own medical opinion before rendering its final decision on potential exemption or consequence of the injury.

An athlete who has sustained an injury must be present at all mandatory training camps unless the ability to receive appropriate medical treatment for that injury precludes that athlete from attending or unless waived by the Head Coach(es).

An athlete whose condition persists and who cannot undergo full training during the two weeks before an event may be withdrawn from the team representing Canada at that event.

Karate Canada will accept or reject all requests for exemptions and deliver its decision within a reasonable period following receipt of requests for exemptions. Such decisions will be final and without appeal.

Due to the ongoing COVID-19 pandemic and the associated barriers to domestic and international travel, including but not limited to: airline flight schedule disruptions, domestic quarantine requirements, foreign traveller quarantine requirements and border closures, Karate Canada reserves the right to issue exemptions from camps and competitions above and beyond the criteria listed in this section as suiting the best interests of the High-Performance program while adequately recognizing and honouring the mental health and physical well-being of the individual athlete.

5.3 Appeals

Appeals regarding team selection are limited to the incorrect application of criteria. For any appeal, please refer to Karate Canada's Appeal Policy.

6.0 Language

Where / when there is a difference in interpretation between French and English versions of this document, the English version shall prevail.

PART II

Specific season-to-season Competition events and Point Scores for Selection

Table 1 – Calendar of events for 2022-2023 season and points allocation

Competitions	Points 1st	Points 2nd	Points 3 rd	Points 4 th -5 th	Points Top 8	Comments
2022 Junior National Championships July 1-3 St. John's, NL	60	40	30 (bronze in kata)	20 (4 th in kumite only)	N/A	Used as the sole selection event for Team Kata
Junior National Training Camp <i>TBD</i>	N/A	N/A	N/A	N/A	N/A	Mandatory for all athletes attending the 2022 Junior Pan Am Championships except for athletes who are also on the Senior National Team Roster for the 2022-2023 season. Participation limited to the top four ranked athletes in each division
2022/23 WKF Youth League Events <i>As per the WKF calendar</i>	N/A	N/A	N/A	N/A	N/A	Recommended for athletes 16 years old and up.

Kata National Training Camp (BC) TBD	N/A	N/A	N/A	N/A	N/A	Mandatory for all BC kata athletes. Highly Recommended for all kata athletes
2022 Youth, Cadet, & Junior & U21 Pan American Championships** <i>August 25-28, TBD</i>	120	80	60	30 (5 th)	N/A	The Canadian Junior National Team representing Canada at the 2021 Jr Pan-American Championships will be named within two working days of the conclusion of the 2022 Junior National Championships.
Karate Canada's Summit <i>TBD</i>	N/A	N/A	N/A	N/A	N/A	Mandatory for National Team Roster athletes from Ontario and Quebec only and highly recommended for others
2022 WKF Cadet, Junior and U21 World Championships	300	200	100	50	30	The Canadian Junior National Team representing Canada at the 2022 Jr World Championships will be named within 2 weeks of the conclusion of the 2021 Junior Pan American Championships.
USANKF 2022 US Open <i>Las Vegas, USA</i> <i>Date TBC</i>	N/A	N/A	N/A	N/A	N/A	Recommended for all athletes
2022 Commonwealth Karate	N/A	N/A	N/A	N/A	N/A	Recommended for all athletes

Championships <i>Date TBC</i> <i>Birmingham, ENG</i>						
2023 Senior Pan American Championships*** <i>(If occurs before the 2023 Junior National Championships)</i>	120	80	60	30 (5 th)	N/A	Optional but highly recommended (for selected Senior National Team Roster athletes only)

The exact dates and locations of all events above are to be confirmed.

** = Points valid only until the beginning of the 2023 Junior Pan American Championships, so long as the athlete is still competing in the same division.

*** = Points allocations for results of Junior Roster athletes at the 2023 Senior Pan American Karate Championships will only be applied to individual athlete ranking point totals if the 2023 Senior Pan American Karate Championships occur before the 2023 Karate Canada Junior National Championships.

Table 2 - Funding Ratios for Athletes on the National Junior Team at International Competitions*

Points	Ratio
170 or more	1.5:1
90 - 169	1:1

Karate Canada may distribute additional funding to athletes participating in multiple divisions based on its budgets per event.

(* Whenever funding is available. Based on Karate Canada's available funds and overall budget for each event.)

Table 3 –Regional and Inter-Regional Training Camps

Inter-Regional Quebec-Ontario	Western (British Colombia)	Atlantic (Kumite only)
Camp 1	Camp 1	Camp 1
Camp 2	Camp 2	Camp 2
Camp 3	Camp 3	Camp 3
2022 KC Summit	Camp 4	Camp 4

Exact dates and locations are to be provided later and will remain subject to change. Participation in the 2022 Karate Canada Summit Training Camp is mandatory for all Ontario and Quebec-based Junior National Team Roster athletes to retain their status as active within Karate Canada's Junior National Team Roster Program and to be eligible for automatic invitation to the 2023 National Championships.

APPENDIX A: AUTOMATIC INVITATIONS TO THE 2023 JUNIOR NATIONAL CHAMPIONSHIPS

Please note that Karate Canada will automatically invite athletes that meet one of the following three criteria to the 2023 Junior National Championships:

1. All gold and silver medalists from the previous (2022) National Championships regardless of any change in age or weight divisions within Junior divisions (Youth, Cadet, Junior and U21) and;
2. The two top-ranked Junior National Team Roster athletes in each division (at the end of the 2022 season), regardless of any change in age or weight divisions within Junior divisions (Youth, Cadet, Junior and U21)
3. Junior National Team Roster athletes from the U21, Junior, Cadet and Youth divisions who, during the 2022-2023 Karate Canada season, achieved a 5th place or higher in a WKF Youth League events or the 2022 Junior Pan American (PKF) Karate Championships regardless of any change in age or weight divisions within Junior divisions (Youth, Cadet, Junior and U21).

According to the above three points, automatic invitations to the 2023 Junior National Championships will only apply to the discipline in which the medal or rank was earned. Athletes automatically invited to compete in kata are not automatically invited to compete in kumite, and vice versa.

All automatically invited athletes must still meet team eligibility requirements set by their respective PTSO (i.e. participation in provincial selection tournaments or training sessions, etc.)

Automatically invited Kumite athletes may register in any single weight division at the 2023 Junior National Championships regardless of the division in which they achieved their automatic invitation status.

Additionally, all automatically invited athletes must be active and current members in good standing of the National Team Roster, according to Karate Canada's National Team Head Coaches and, following published National Team Criteria or after Karate Canada's 2022 Summit. If the 2022 Karate Canada Summit is not held, the cut-off date at which athletes must be active and current members in good standing of the National Team roster will be determined and communicated by KC's HPC.