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Karate Canada Para Karate Program

Competition Information for PTSOs, Clubs, Coaches, Parents and Athletes

Karate Canada supports and operated divisions for athletes with a disability in sport classes hosted by the WKF and for WKF recognized developmental sport classes. For Provincial, Regional, and Invitational competitions organizers are encouraged to be inclusive and to use this document as a guide when including divisions for athletes with a disability in events. PTSOs and Clubs are encouraged to become familiar with opportunities for karate athletes with a disability to guide them to available opportunities.

[World Karate Federation \(wkf.net\)](http://wkf.net)

2.1 DISCIPLINES AND OVERALL CATEGORIES

2.1.1 In Para Karate competitions, Individual Kata only is performed. There are three general Categories for Individual Kata in Para Karate:

- a. Visually Impaired Athletes (K10)
- b. Intellectually Impaired Athletes - Athletes with IQ less than 75 (K21) - Athletes with Down Syndrome (K22)
- c. Physically Impaired Athletes – Wheelchair users (K30)

2.1.2 These categories are divided into Sport Classes, according to functional classification of the Athlete's disability (as described in the WKF Para Karate Classification Rules), and a Compensation Score in the form of Extra Points is given according to the degree of Impairment.

2.1.3 Athletes with more than one type of impairment will be allowed to compete only in one sport class during the championships. Athletes will be classified strictly according to the impairment criteria of the category in which they are registered.

2.1.4 Classification in Para Karate consists of an allocation of the sport class, classification status, and score compensation system by means of Extra Points, which are issued to an Athlete in K10 and K30 Sport Classes according to the influence of his or her particular impairment when performing the Kata. This limitation in performance will be assessed by expert WKF Classifiers during the Classification Session. In K10 and K30 Sport Classes, the Classification Panel will give the Athlete a Compensation Score that will later be added to the Judges' Score, as explained further in the Scoring section. (For more information on Classification, please refer to the WKF Para Karate Classification Rules)



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2.2 PARA KARATE SPORT CLASSES

2.2.1 Sport Classes are competition subcategories that are divided according to the type of disability, for the Athlete to compete in a Class that best allows for fair representation according to his/her impairment, while allowing for the Athlete to express his/her maximum athletic and technical potential. WKF Sport Classes are as follows, divided by age and gender (male and female):

2.3 RECOMMENDED SPORT CLASSES FOR PARA-KARATE DEVELOPMENT ON NATIONAL LEVEL OF COMPETITIONS

2.3.1 Three additional Sport Classes in Individual Para-karate Kata Competition are recommended for para karate development:

- a) Visually Impaired Athletes - Athletes with mild visual impairment (K11) - Athletes with severe visual impairment – blindness (K12)
 - b) Intellectually Impaired Athletes - Athletes with Autism (K23)
 - c) Physically Impaired Athletes – Standees (K40)
- 2.3.2 Juniors/cadets Sport Classes are recommended for Para Karate development.

The following chart includes suggestions for inclusion at Invitational, Regional and Provincial Tournament requirements. The last two columns are mandatory requirements for competition at the National and International level.

Each Sport class is divided Male/Female, divisions for Cadet/Juniors ages 14-17 and Seniors 16+

Information on Impairment groups - [Para_Karate_Info Sheet.pdf \(wkf.net\)](#)

| Sport Class | Invitational/Regional | Provincial | National | International |
|-------------------------------------|---------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------|
| K10 Athletes with Visual Impairment | Introduce Blindfold, consider not being mandatory – may repeat kata | Blindfolds Mandatory – compete more than 1 kata Have athlete complete **MDF - Microsoft Word - 18-07-20 MDF VI | WKF Homologated Blindfold Mandatory Mandatory **MDF - Microsoft Word - 18-07-20 MDF VI Athletes | WKF Homologated Blindfold Mandatory **MDF - Microsoft Word - 18-07-20 MDF VI Athletes |



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|--------------------------------------------------------|---------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------|
| | | Athletes new.docx (wkf.net) | new.docx (wkf.net) | new.docx (wkf.net) |
| K11 Athletes with Mild Visual Impairment | Introduce Blindfold, consider not being mandatory – may repeat kata | Blindfolds Mandatory – compete more than 1 kata | Blindfolds Mandatory Mandatory **MDF - Microsoft Word - 18-07-20 MDF VI Athletes new.docx (wkf.net) | n/a division not available |
| K12 Athletes with Severe Visual Impairment - blindness | Introduce Blindfold, consider not being mandatory – may repeat kata | Blindfolds Mandatory – compete more than 1 kata | Blindfolds Mandatory Mandatory **MDF - Microsoft Word - 18-07-20 MDF VI Athletes new.docx (wkf.net) | n/a division not available |
| K21 Athletes with Intellectual Impairment – IQ<75 | Documentation of diagnosis is optional Only 1 kata required | *Virtus Application – mdf_intellectually_impaired_athletes.pdf (wkf.net) (if athlete does not intend on competing past PTSO level consider not requiring) | Mandatory *Virtus Application – mdf_intellectually_impaired_athletes.pdf (wkf.net) | Mandatory *Virtus Application – mdf_intellectually_impaired_athletes.pdf (wkf.net) |



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|--------------------------------------------------------------|----------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|
| K22 Athletes with Intellectual Impairment – Down syndrome | Documentation of diagnosis is optional Only 1 kata required | *Virtus Application – mdf_intellectual_ly_impaired_athletes.pdf (wkf.net) (if athlete does not intend on competing past PTSO level consider not requiring) | Mandatory *Virtus Application – mdf_intellectual_ly_impaired_athletes.pdf (wkf.net) | Mandatory *Virtus Application – mdf_intellectual_ly_impaired_athletes.pdf (wkf.net) |
| K23 Athletes with Intellectual Impairment – with Autism | Documentation of diagnosis is optional Only 1 kata required | *Virtus Application – mdf_intellectual_ly_impaired_athletes.pdf (wkf.net) (if athlete does not intend on competing past PTSO level consider not requiring) | *Virtus Application – mdf_intellectual_ly_impaired_athletes.pdf (wkf.net) | n/a division not available |
| K30 | Documentation of diagnosis is optional – may repeat kata | Have athlete complete MDF - Microsoft Word - 08-04-21 MDF WC Athletes.docx (wkf.net) | ***Onsite Assessment Mandatory **MDF - Microsoft Word - 08-04-21 MDF WC Athletes.docx (wkf.net) | Mandatory **MDF - Microsoft Word - 08-04-21 MDF WC Athletes.docx (wkf.net) |



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|-----|----------------------------------------------------------|--------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|----------------------------|
| K40 | Documentation of diagnosis is optional – may repeat kata | Have athlete complete **MDF - Microsoft Word - 08-04-21 MDF WC Athletes.docx (wkf.net) | ***Onsite Assessment Mandatory **MDF - Microsoft Word - 08-04-21 MDF WC Athletes.docx (wkf.net) | n/a division not available |
|-----|----------------------------------------------------------|--------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|----------------------------|

***Virtus Application Process**

1. Complete Virtus application [mdf_intellectually_impaired_athletes.pdf \(wkf.net\)](#)
2. Virtus Application Guidance Notes [INTERNATIONAL SPORTS FEDERATION FOR PERSONS WITH INTELLECTUAL DISABILITY \(virtus.sport\)](#)
3. Collect all required documents in English – see checklist page 4 (of Virtus Guidance Notes)
4. Remember to complete TSAL (The TSAL should be completed by the athletes personal/primary coach) – noting time & date completed [Virtus TSAL \(google.com\)](#)
5. Submit form and documents to Karate Canada Sport Technical leader Rodney Hobson rodney.hobson@karatecanada.org

****MDF Application Process**

1. Complete MDF (Medical Diagnosis Form)
 - a. K10 Visual Impairment [Microsoft Word - 18-07-20 MDF VI Athletes new.docx \(wkf.net\)](#)
 - b. K30 & K40 Wheelchair and Mobility Impairment (Standees) [Microsoft Word - 08-04-21 MDF WC Athletes.docx \(wkf.net\)](#)
2. Submit form to Karate Canada Sport Technical lead Rodney Hobson rodney.hobson@karatecanada.org

***Onsite Assessment required if more than two athletes in division, compensation scores will be given for K30 & K40 based on assessment